YR 5/6 CAMP NARMBOOL
After a wonderful long weekend for the Queen’s birthday, a very excited bunch of Year 5/6 students plus Miss Hannah, Helen and Mrs Reiss-Stone boarded a bus off to Narmbool! From all reports they are having lovely (but cold), sunny weather! Their first stop at Sovereign Hill was a great opportunity to experience a little bit of Australian history and today the students have begun some great activities at Narmbool.

Join our facebook page (link at the bottom of the page) to keep up to date with the latest photos on all recent events.

SCHOOL PRODUCTION
This week students began rehearsals for the School Production. Little Devils Circus will be working with the students in preparation for the School Production on Thursday September 1st at the Christine Strachan Theatre, South Oakleigh College. Little Devils Circus will come in and teach the students a variety of circus skills with and without equipment. It is a fantastic night for the whole family and a great opportunity to see all our students shine!

PARENT TEACHER INTERVIEWS
On Friday, we will be distributing letters regarding our Parent Portal. As we trialling a new system we are working to ensure there are no hiccups but if you do encounter a problem please let us know. We appreciate your understanding and patience as we work towards expanding our communication capabilities with our community. You need to register using a current email address. Your letter will contain a family specific code that you will need to enter. You then register and we will approve your registration. Once that has happened you are then able to access the Parent Portal. As previously mentioned we will be using the Portal for booking Parent Teacher Interviews. Interviews will be on Wednesday 27th and Thursday 28th July, next Term.
**ELECTION DAY BBQ 2 JULY**

Thank you to all of the families who have indicated that they can help on Election Day. If you are able to volunteer some of your time to bake a cake or cook some sausages please let the school know. Simply go to Volunteer Spot to sign up (http://vols.pt/gtLxRn). It is a great opportunity to showcase some of the fantastic changes that have occurred at our school to the broader community and raise some additional funds.

**MONDAY MORNING PLAYGROUP**

A group of parents and their pre-school children meet in the Performing Arts Centre to share a cup of tea or coffee, chat and play at 9am. The pre-school aged children play in the area under the supervision of their parent(s), this is a great way of getting to know the school community.

**DATES TO REMEMBER:**

- **Friday 17 June**: Family Dinner Night
- **Monday 20 June**: End of term awards assembly will be held at 9am. It is always a great way to celebrate student achievement and we hope that you can come along and join us.
- **Tuesday 22 June**: School Strategic Plan Survey closes. Help us to shape the future of the school and let us know your views; please respond by 4pm.
- **Friday 24 June**: Final end of term assembly at 2.15pm. **Students are dismissed at 2.30pm.**
- **Saturday 2 July**: Election Day School Fundraiser, please volunteer (refer above link)
- **Monday 11 July**: Term 3 commences
- **Thursday 14 July**: State Cross Country
- **Wednesday 20 July**: School Council Meeting
- **Friday 22 July**: Piece Together Prep Program 2.00-3.00pm
- **Wednesday 27 July**: Parent Teacher Interviews
- **Thursday 28 July**: Parent Teacher Interviews
- **Friday 29 July**: Curriculum Day – no students at school
- **Thursday 1 September**: School Production Night

**LET’S CELEBRATE**

- All the reading the children are doing as part of the Premier’s Reading Challenge!
- Our Parent Community for their tireless efforts in supporting our school.

Thanks

CarolynDatson
Acting Principal

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**Library Book Returns for Term 2**

All borrowing of books from the school library for the term has now ceased.

All students’ library books need to be returned as soon as possible.

The library is open Tuesday lunch time to return books.

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**Artist of the Week:**

**Natasha in 1/2A!**

Natasha created this picture out of wool, felt and sequins, stuck onto clear contact. She then placed her picture carefully onto coloured paper and drew the border. The 1/2s have been studying Threads and Textiles this term, and their work has been amazing.

Brilliant work, Natasha!

-Mrs Geddes
Family Dinner Night Friday 17th June

Please join us TOMORROW 17th June at the Monash Hotel, 2077 Dandenong Rd, Clayton, VIC 3168. Each term we organise a dinner at a local venue and a notice with the details has already been sent home. You can enjoy the night and catch up with your friends while the children are entertained. All you will need to do is turn up on the night and say you are with the Mount Waverley Heights Primary School booking.

Extend OSHC at Mount Waverley Heights Primary School

At before school care last week on Friday, I enjoyed playing with the play-dough because I like putting them into the molds and taking them out and then cutting them into shapes! I made horse shapes, circles, and I also made blue berries and strawberries and Natasha made a lobster – we put it on a plate and tricked Rylie into thinking it was real food!! - Sophie 1/2 A

Last week, we had Extend’s got talent and we had lots of performances. Sophie and I played with play-dough, we made cookies, and pancakes with blue berries and strawberries and a lobster and we put them on a plate and we made a strawberry and a blue berry smoothie and we gave it all to Rylie for her ‘breakfast’!! We also made pillows from a material called burlap and learnt that people from other countries can’t always have the same materials we do so we made our own pillows out of the itchy material that they use when they can afford it. - Natasha 1/2 A

Friendly reminders -
As we are starting our life-size car project next week, we would strongly appreciate any large boxes you might have at home that you could donate!!

WINTER HOLIDAY PROGRAM BOOKINGS ARE OPEN! We have heaps of fun activities planned these school holidays and can’t wait for you to attend! Join in on Extend’s own mini Olympics tournament and aim for gold! Have fun with science experiments, come along in costume and join in on our party afternoons, and participate in a bunch of craft activities and team games. Join in on all this and more at Extend’s Winter Holiday Program. To check out what’s on visit our website at extend.com.au and book via the Parent Portal.

COMING UP NEXT WEEK --- DRIVE INS WEEK!
M - Life-size car project and snakes and ladders
T - Life-size car project and Tiggy mania
W - Life-size car project and revenge
T - Life-size car project and markers-up
F - Drive-in movies and imagination creation!

AND OUR EXTEND SUPER-STAR OF THE WEEK IS....... IAN B – 1/2 M
FOR: Being a magnificent contributor to our service and being so keen to complete all monitor duties and the composting!

From Rylie and the kids at Extend. :)
**WINTER 2016 HOLIDAYS!**

**MOUNT WAVERLEY HEIGHTS PRIMARY SCHOOL**

LOCATION:
Solomon Street, Mount Waverley VIC

HOURS:
8:00am - 6:00pm
Full day fee: $60

PAY BETWEEN $12.28 - $30 PER SESSION!

**BOOKING DEADLINE:**
Book by Friday 10 June to avoid a late fee. Excursions are limited and fill fast! Book now to avoid disappointment.

**EXTEND HOLIDAY PROGRAM AT MOUNT WAVERLEY HEIGHTS PRIMARY SCHOOL (MTWA)**

Check out the timetable below and book in via the Parent Portal. Excursions are limited and fill fast so don’t delay! *subject to change*

<table>
<thead>
<tr>
<th>Week 1</th>
<th>Monday 27 June</th>
<th>Tuesday 28 June</th>
<th>Wednesday 29 June</th>
<th>Thursday 30 June</th>
<th>Friday 1 July</th>
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</thead>
<tbody>
<tr>
<td>8.00am - 12.00pm Morning Session</td>
<td>My Family Tree &amp; Frisbee Golf</td>
<td>Science, Soundwaves &amp; Touch Footy</td>
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<tr>
<td>12.00pm - 1:00pm Lunch</td>
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<tr>
<td>1:00pm - 5:00pm Afternoon Session</td>
<td>INCURSION! Woodwork</td>
<td>3D Olympiads &amp; Mini Olympiads</td>
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<tr>
<td>Other fun stuff too: Free arts &amp; crafts</td>
<td>Team Games</td>
<td>Other fun stuff too: Indoor games</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Week 2</th>
<th>Monday 4 July</th>
<th>Tuesday 5 July</th>
<th>Wednesday 6 July</th>
<th>Thursday 7 July</th>
<th>Friday 8 July</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.00am - 12.00pm Morning Session</td>
<td>Aboriginal Clay Prints &amp; Aboriginal Games</td>
<td>Rainbow Go! &amp; Modified Volleyball</td>
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<tr>
<td>12.00pm - 1:00pm Lunch</td>
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<tr>
<td>1:00pm - 5:00pm Afternoon Session</td>
<td>Cooking, Trail Mix Cookies &amp; Kiwiball</td>
<td>EXCURSION! Big Slide Centre</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Other fun stuff too: Free arts &amp; crafts</td>
<td>Team Games</td>
<td>Other fun stuff too: Card games</td>
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</tr>
</tbody>
</table>

Don’t forget to bring your morning snack and lunch (just like a normal school day!)
Check the activity descriptions for further information on what to bring, excursion times, and more.

*Receive at least 50% off regardless of income!*
The focus for this week’s ‘eSmart’ Section is looking at Cyberbullying.

Cyberbullying can be pervasive and incessant. Parents should be aware of what they can do to help.

**What is ‘cyberbullying’?**

Cyberbullying is bullying behaviour, using digital technology, including the internet, email or mobile phones.

Like any bullying, cyberbullying often occurs between people that know each other—students at a school, members of a sporting club, people from the same social circle, ‘friends of a friend’.

Cyberbullying is pervasive and incessant. It differs from face-to-face bullying in that the bully can ‘follow’ their victim 24/7, and continue the bullying in the home. Cyberbullies may take advantage of the perception of anonymity (e.g. using an account in a fake name, or a blocked number) but in many cases it is clear who is behind the bullying.

Cyberbullying can be particularly harmful as it is often a public form of humiliation and many others are able to see what is written or posted. Once something is published online, it is difficult if not impossible to remove all traces of it.

**Forms of cyberbullying**

- sending nasty texts, picture messages, emails, or instant messages (e.g. MSN or Facebook)
- repeated prank phone calls
- using a person's screen name to pretend to be them (setting up a fake account)
- using a person's password to access their account and then pretending to be them
- forwarding others' private emails, messages, pictures or videos without permission
- posting mean or nasty comments or pictures on chat or forums
- sending and/or forwarding sexually explicit images ('sexting')
- intentionally excluding others from an online group.
Cyberbullying

Signs your child may be being cyberbullied

Mental anguish is often harder for parents to identify than the signs of face-to-face bullying. There is no definitive list of signs that indicate cyberbullying.

Although there are some things to look out for:

- **change in mood, demeanour and/or behaviour**: for example being upset, angry, teary or rebellious when not previously
- **change in friendship groups**: it can be normal to change friends many times during school days. Teachers can often provide insight, as they see class dynamics in action every day
- **spending more time with family instead of friends**: adolescence is generally a time where friends become very important and parents less so
- **lowering of marks**: often students who are being bullied show a distinct change in application to studies and a lowering of marks
- **not wanting to go to places**: a dramatic change in enthusiasm for going to school or sport—this can manifest as non-specific ailments (headaches, stomach-aches, generally 'feeling sick')
- **being extra secretive in online activities**: being online under the doona, or in a 'secluded' part of the house
- **distinct change in online behaviours**: being 'jumpy' when text messages arrive, not leaving their phone alone, wanting to be online all the time, or never wanting to be online.

Aren’t these things normal?

Many of these behaviours may have different causes or may just be stages of your child’s development. In general, it is important to keep an eye on your child’s behaviour patterns and if you feel something is amiss, be aware that things may not be OK in their world (either on or offline), and be there for them. Ask:

> “Are you ok? Has something happened that is bothering you? Do you want to talk?”

If you are still concerned then enlist the help of your school welfare staff, GP, a counsellor or adolescent psychologist.
Cyberbullying

What can I do if my child is cyberbullied?

Praise them for coming to you

This is a big step as many young people may be frightened to tell a parent about cyberbullying. Even if you don’t really understand, let them know that you will help them.

Do not be angry with your child

Remember that they are the victim and it is someone else who is doing the wrong thing. Do not threaten to take technology away from them because of what someone else has done.

Do not respond to the bullying

It is important not to respond to nasty emails, chats, SMS or comments. This is usually what the bully wants, so ignore them. It is natural in many cases to want to ‘fight back’, but responding with a threat may get your child into trouble as well.

Inform your child’s school

It is important that the school knows what is going on so they can provide support and monitor any issues that may spill onto the playground or classroom. If the bully is a student from the same school, the school will work through the situation as they would with any other bullying behaviours reported to them.

Save and store the content

Keep copies of emails, chat logs, text messages, comments or posts. Take a screen shot of the evidence—ask your child for help to do this if necessary.

An easy, non-technical way to get hard copies is to bring the content up on the screen of a mobile phone and use a photocopier to take a copy of the screen.

Help your child to block and delete the bully from all contact lists

Most social networking sites allow the user to control who has access to communicate with them. Many people feel ‘mean’ blocking another person, even if that person has already been mean to them—you may want to sit and support your child as they do this.

Use the ‘report abuse’ button

Most social networking sites have a method to let the site administrators know that a particular user is behaving unacceptably. Depending on the rules of the site, users can be warned or banned.

Have some ‘down time’ without technology

It is important for both mental and physical health that your child’s life is balanced—so they are not constantly ‘online’ or spending hours on a mobile phone. This should not be used as punishment, rather as some peaceful time where they are not being bothered.

Get new online accounts and/or a new phone number

There are programs that can be added to a mobile phone which will allow parents to set restrictions on the phone’s use. Check with your mobile phone provider. Technology at the moment does not allow for individual numbers to be blocked in the same way that online applications do. Phone numbers can be changed at no cost, if the request for a new number is as a result of ongoing abuse.
Cyberbullying

If ongoing, report to police

Most cyberbullying between students can be resolved at school level, but schools may not be able to report cyberbullying between individual students to the police so it can be up to the parent to make a police report.

A police report should not be in place of a school investigation, rather, in addition if required. A police report may be necessary where: despite the best efforts of the school, bullying does not stop; when it is not possible to know who is behind the abuse (e.g. fake accounts/blocked numbers); or when threats have been made to your child’s personal safety.

Each State has laws that prohibit online bullying and stalking. You don’t have to put up with it.

What if my child is the bully?

It often comes as a shock to be told that your child has been bullying another student online. It is important that parents support schools in their handling of the situation. Don’t try and play it down.

Schools have policies and programs to deal with all parties, (bully, target and witness), involved in bullying incidents.

Parents have the ability to prevent the vast majority of online bullying. Be involved, and aware of what your child is doing online. Once you are aware that your child has bullied someone else online, you can help them understand that their behaviour is both unacceptable and possibly criminal as well.

Steps to take

As a parent you could:

- discuss why it is not acceptable to be nasty or mean online and offline
- let them see there are consequences—don’t bail them out
- acknowledge that they may be feeling guilty or awful about their behaviour, and discuss ways they can rectify the situation
- work together to improve the situation by offering an apology to the victim
- talk to them about their actions and try and find out why they behaved in this way
- ask them to imagine they were the victim—how would they feel
- develop a home-based Acceptable Use Agreement—set clear rules and boundaries about their online behaviour and your expectations and consequences for breaching this agreement
- enlist the help of your school welfare staff, GP, a counsellor or adolescent psychologist.