

Thursday 26 Feb, 2026

Dates To Remember

TERM ONE 2026

Friday 27th February

Interschool Sport Round 3, 9 - 11.00am

Monday 2nd March

Assembly 2.30pm

Tuesday 3rd March

Prep Inform and Empower session

Wednesday 4th March

MWD Division Swimming

Friday 6th March

International Women's Day

Monday 9th March

Labour Day - NO SCHOOL

Wednesday 11th March

NAPLAN - Writing 9am - 11am

Thursday 12th March

NAPLAN - reading 9am - 11am

Thursday 12th March

Year 1 Incursion 9am - 12:30am

Monday 16th March

NAPLAN - Conventions of language 9am-11am

Tuesday 17th March

NAPLAN - Numeracy 9am - 11am

Wednesday 18th March

Twilight Sports - 5:30pm-7pm

Thursday 19th March

Year 5 Incursion Immigration 9am - 1:30pm

Principal's Report

SCHOOL COUNCIL

Thank you to the following parents for nominating for School Council. We had just the right number of interested parents, so we won't need to go to an election. Our first meeting for new councillors is on Wed March 25 at 6pm.

Congratulations to ..

- Kaye Keegal
- Navodana Alahendra
- Michael Liegel
- Danying Chen

CLASS REPRESENTATIVE

Class lists will be shared by the end of next week. Please remember to complete the google form if you would like to be included in the class contact list - [Class contact list form](#)

TRIVIA NIGHT - PYJAMA PARTY!

School Council is currently organising our parents-only Trivia Night for 2026. We are going to hold it in the PAC on **Sat June 20**. It is a great night out! You can join with a team or individually. More information to come.

TWILIGHT SPORTS

Please keep **Wednesday, March 18** free for our School Twilight Sports night. Students and families are encouraged to dress in House colours. Students complete various sporting activities to earn points for their House, with the winning House being announced on the night. We hope you can all make it. Activities begin at 5.30 pm with the night concluding at 7.00 pm.

Parents Association are organising a sausage sizzle on the night. We would appreciate as many helpers as possible. Please see the PA section to sign up to help at the BBQ.

Let's celebrate...

- The following classes who had all students arrive to school on time, last week: Prep M, Prep R, 4S

Sharon Reiss-Stone

Principal

Assistant Principal's Report

INFO NIGHT FEEDBACK

Our info nights are always a great success. We get lots of positive comments about how great it is to be able to come in and find out about what is happening in the classroom and around the school.

We value your thoughts and would like some feedback on our recent information nights. Did it meet your needs? Did you get all the information you needed? Do you know what our wellbeing approach is?

Please click the links below to have your say!

[Information Night Feedback Form](#)

WELLBEING

The first two weeks of this term are our Learning Community. It is a time that teachers set up classroom expectations for learning and wellbeing. Across the school classes have been discussing and completing activities around emotional literacy.

Teaching kids to identify and talk about their feelings gives them tools to cope with stress and everyday ups and downs.

When children learn to understand their emotions, they're better able to calm themselves, solve problems, and build strong relationships.

Research highlights that teaching children how to understand emotions and make positive choices leads to better behavior, stronger relationships, and improved learning.

Carolyn Datson

Assistant Principal

RESILIENCE PROJECT.

We're working with The Resilience Project

We're proud to be implementing TRP's evidence-based whole school wellbeing program. Students will engage in weekly lessons to understand and strengthen their practice of **Gratitude, Empathy, Mindfulness and Emotional Literacy.**

Gratitude Gratitude involves recognising and expressing appreciation for the people, places and things in our lives. Practising gratitude allows us to pay attention to what we have, increasing feelings of happiness and leading to a more positive outlook on life.	Empathy Empathy involves understanding others' feelings and perspectives and is practised through kindness, compassion and curiosity. Developing empathy fosters deeper connections, increases our likelihood of acting kindly, and helps us experience positive emotions.
Mindfulness The practice of mindfulness is about an awareness of life as we are living it. It allows us to be responsive to our experiences rather than being reactive, and to live with greater balance, presence and connection.	Emotional Literacy Emotional Literacy involves learning to identify and label our emotions, as well as developing emotional regulation skills. When we can accurately name our feelings and emotions, it reduces the impact of uncomfortable emotions and enhances the effect of positive ones.

TO LEARN MORE ABOUT THE RESILIENCE PROJECT, HEAD TO:
@therealresilienceproject... The Resilience Project The Resilience Project therealresilienceproject.com.au

RESILIENCE PROJECT.

GEM Chats Emotional Literacy

CREATING WELLBEING HABITS & CONNECTION
GEM Chats help families practice The Resilience Project's principles, offering a simple wellbeing check-in while **building stronger connections through daily conversations.**

HOW TO USE GEM CHATS
Make GEM Chats a part of your dinner routine to reflect, check in, and practice emotional literacy.

Try these prompts:

- What **emotion** do you feel right now and why?
- What are some **emotions** you have felt today/this week? How did you **identify** them?
- Describe a moment from your day when you **felt excited**.
- What emotions have you noticed today in your **friends, teachers or family members**? How did you recognise these emotions?
- What could you do today/tomorrow to **experience a positive emotion**?

TO LEARN MORE ABOUT THE RESILIENCE PROJECT, HEAD TO:
@therealresilienceproject... The Resilience Project The Resilience Project therealresilienceproject.com.au

Music News



Please note a change in timetable for MWHPS Ensemble rehearsals. All communication and notice of events will be sent from attendance roll data only. Senior Choir (Year 4, 5 & 6) and Junior Choir (Year 2 & 3) new members are welcome. Sign-up deadline Week 6 Friday 6th February.

Eleanor Hardie

Music Teacher

Around the Classes



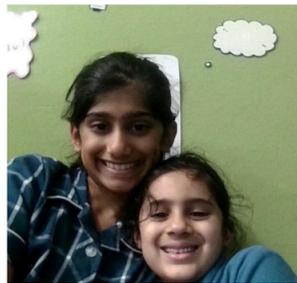
YEAR 1 & 6 BUDDIES



This week we had our first 1&6 Buddy session for 2026! We were so excited to have some time with our buddies again as well as to meet those who are new.

In our session we practised logging onto the Chromebook, we took fabulous start of year selfies together and played some Dojo Islands to finish; all while saying 'hi' to the sky as the storm rumbled outside.

We cannot wait until next time!



Parents Association News

Annual General Meeting

The Parents' Association Annual General Meeting (AGM) took place on Tuesday, Feb 24th where A presidents report and treasurers report were present and new office bearers were elected.

Our new office bearers are:

- President - Kerry Tan
- Vice President - Kaye Keegel
- Secretary - Lauren Rose
- Treasurer - Tenele Collins

If you weren't able to attend but would still like to get involved as an active committee member, whether that's helping with organising, planning, or other activities, please email us at mwhpspa@gmail.com.

Looking ahead, we're aiming to provide more opportunities to participate by scheduling meetings in advance throughout the year and offering a mix of evening and school-hours sessions. We'll be sure to keep you informed as dates are confirmed.

Whether you're a card-carrying member of the Parents' Association or an interested member of the school community, everyone is welcome to attend.

Local Matters Jar - Grill'd Burgers

Chadstone Village, 695 Warrigal Rd, Chadstone.

We're coming to the end of the Grill'd Local Matters promotion, and we'd like to say a big thank you to everyone who has supported the initiative this February at Grill'd Chadstone Village.

Every visit makes a difference! If you haven't already, simply place your token in the Mount Waverley Heights Primary School Parents' Association jar to help support our school.



Support our school through the MWHPS PA

LOCAL MATTERS JAR

Grill'd

WE NEED YOUR TOKEN VOTE!

February 2026
Grill'd - Chadstone Village
695 Warrigal Rd, Chadstone

How it works.
Each month, Grill'd restaurants give \$500 to three local community groups, and your vote counts.
Buy a burger, get a token, drop the token in our jar. That's it!
The group with the most tokens gets \$300; the others get \$100 each.
Thanks for your support!

Twilight Sports BBQ - Wednesday, March 18th

Volunteers Needed – Sausage Sizzle Fundraiser

The PA is looking for volunteers to help at the sausage sizzle fundraiser for Twilight Sports on the 13th of March.

There are a variety of volunteer roles to fill throughout the afternoon and evening. We have done our best to ensure that, if you volunteer for a role, you will miss no more than 30 minutes of the Twilight Sports event. You are more than welcome to sign up for multiple time slots, and all volunteers will receive a free sausage!

We truly appreciate all the help we can get. Please consider supporting us by signing up as soon as possible via the link below.

<https://www.signupgenius.com/go/10C0548AEA82BAAFDCF8-62460498-twilight#/>

We will be in touch with everyone who signs up closer to the date with more details about your specific roles.

We are also hoping to borrow a couple of extra-large eskies from our school community for the event. Eskies with a capacity of 50/55L or larger would be especially helpful. If you are able to lend one to us, please get in touch. We would greatly appreciate your support.

Thank you again for helping make this fundraiser a success!

Warm regards,

Kerry Tan

PA President
The MWHPS Parents' Association

mwhpspa@gmail.com

Wednesday March 18th
MWHPS Parents' Association

**TWILIGHT
SPORTS**

Sausage Sizzle

Sausages
Drinks
Icy Poles
BYO Picnic

5.00pm 'til sold out

Grill'd Local Matters Program Supporters



Siena F - 6T



Anisha M - 6D



Hayley R & Jessie B - 6G



Elsie R - 6G



Mindy A - Prep M

Team Kids News

Mount Waverley Heights P.S

NEWSLETTER



WHAT'S BEEN HAPPENING

Week 5 Highlights!

Cooking Club: TK's Family Cook Book -

Keep an eye out Parents! Blank recipe templates are being sent home as your child(ren) cannot wait to share their beloved family recipes! James H suggested sharing his Mac 'n' cheese recipe. Yum!

Super Sports Club: Cricket -

Shout out to Layla, Jun, Harvey, Jackson, Shourya, Aashka and Diya for running a successful and fun cricket session with our students @ BSC & ASC!

Teddy Bear Picnic Winner & Runner ups:

With over 200 guesses by our community, a BIG congratulations to Sian J (Grade 1). His mum guessed 191 tiny teddies in the jar, there were 192! Runners up were Harrison M (Grade 1) guessing 190, and Layla E (Grade 2) guessing 200. Thank you for playing the guessing game!

As we say at TeamKids 'Let the fun begin'.

IMPORTANT DATES



📅 MARCH 2ND- 6TH

TK Goes Wild Week! For World Wildlife Day

📅 Monday MARCH 9TH

Labour Day (Public Holiday) – No Care Provided

📅 Thursday 2nd APRIL

Last day of Term 1

After School Care open from 2:30 – 6:30pm

TEAMKIDS CLUBS

ASC WEEK: 6



MONDAY



Lego Masters & Sports Club

TUESDAY



Sports Club & World Wildlife Day

WEDNESDAY



Sustainability & Art Attack

THURSDAY

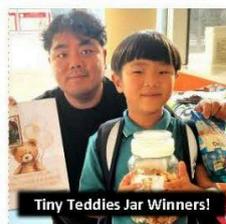


Musical Theatre & Cooking Club

FRIDAY



S.T.E.M & Epic Games



Tiny Teddies Jar Winners!



Super Sports Club Day!



Our Birthday Display is on its way!



Blueberry Cupcakes for Cooking Club!

Service Mobile: 0402 18 077

Office Phone: 1300 035 000

Service Email:

Office Email:

MountWaverleyHeightsPS
@teamkids.com.au

info@teamkids.com.au



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PLAY BASKETBALL

WINTER SEASON 2026

WE ARE LOOKING FOR YEAR 1, 2 OR 3 GIRLS WHO MIGHT WANT TO JOIN A BASKETBALL TEAM.

COME TRAIN WITH US TO HELP YOU PREPARE!

IT'S FREE!!



COME AND TRAIN

EVERY MONDAY* *#jogetherpack*

4.45-5.30PM • Excludes Public Holidays

OAKLEIGH RECREATION CENTRE
COURT 5, PARK RD, OAKLEIGH

TO REGISTER YOUR INTEREST OR FOR MORE INFORMATION, TEXT EVERT ON 0413 032 158



EFNL AFL

COME & TRY

OAKLEIGH DISTRICT RAIDERS

5TH MARCH

FREE SAUSAGE SIZZLE

- meet the coaches
- all football abilities welcome
- bring your friends and family

UNDER 10 MIXED
4:30 - 5:30 PM

UNDER 8 & UNDER 11 MIXED
5:00 PM - 6:00 pm

WANT TO JOIN THE RAIDERS?



nab AFL Auskick

GOOD CLEAN FUN

PLAY.AFL/AUSKICK

Oakleigh District Auskick Centre

Princes Highway Reserve, Oakleigh East

Starting Sunday 3rd May
9:00am - 10:00am

ALL GIRLS GROUPS AVAILABLE



AFL PLAY

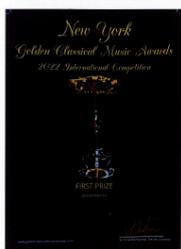
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Address: 120 Ferntree Gully Rd, Oakleigh East

As High Distinction



Children's Art

Learn various techniques, skills in drawing, watercolour and acrylic painting, sculpture and crafting with different materials.



Monday (6-8 years old) 4:30pm - 5:30pm

Wednesday OR Thursday (6-8 years old) 4pm - 5pm

Monday, Wednesday, Thursday OR Friday (8-12 years old) 4pm - 5:30pm

\$190 for 10 weeks (Materials included)

Please ring 9807 6011 for more information.



5 Fleet Street, Mount Waverley VIC 3149
Tel: 9807-6011 | Email: info@wclc.org.au
www.wclc.org.au

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ACTING - APPARATUS - GAMES
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TINY TOTS (3-5 YEARS)
SATURDAYS 11:00 - 11:45AM

TINIES (7 YEARS & UNDER)
SATURDAYS 9:00 - 10:45AM
MONDAYS 4:30 - 6:00PM

SUB JUNIORS (10 YEARS & UNDER)
SATURDAYS 12:00 - 3:00PM

REGISTER FOR A FREE TRIAL



For more info: admin@emmanuelcalisthenics.com.au or Christie 0403 313 990



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