

Thursday May 9, 2024

Dates To Remember

TERM TWO

Friday 10th May

Mother's Day Afternoon Prep - Year 2
Mother's Day stall Years Prep & 2

Friday 10th May

District Cross Country selected Year 4 - 6s
9.30am - 12.30pm

Tuesday 14th May

Year 6 Excursion

Friday 17th May

Interschool Sport Year 6 - 9am - 11am

Monday 20th May

Assembly - 2.30pm

Tuesday 21st May

Year 1D Parent Teacher interviews
9.15am - 4.45pm

Tuesday 21st May

Cheese Toastie Truck lunch orders

Wednesday 22nd May

Year 1 Earth Crusaders Incursion

Monday 27th May

Indigenous Performance

Tuesday 28th May

ThinkUKnow student session - Year 3 & 4

Wednesday 29th May

ThinkUKnow student session - Year 5 & 6

Principal's Report

AUSSIE OF THE MONTH

Congratulations to Nikita H for being selected as Aussie of the Month for April.

This month's winner is a true representative of the phrase - quiet achiever. Nikita is an excellent friend, caregiver and a great buddy.

In class, she is helpful to others, and independent enough to ask for help for herself after having a go first. Nikita enjoys having a chat, but knows when is the appropriate time and at the correct volume. Her classroom work is always turned in on time as well as homework being returned on a regular basis.

Nikita participates in extra school activities with a smile on her face, such as Twilight Sports, the Easter Parade and Multicultural day. She is very willing to help setup and put away activities for specialist teachers and others.



THINK U KNOW? TUESDAY May 7th

Thank you to the parents who attended Tuesday's Information Night on how to help keep your child safe online.

MOTHER'S DAY P-2 EVENT

Don't forget our special Mother's Day event on Friday 10 May (2.30-3.30pm). We hope all P-2 mums/special women can come along.

Mothers' /Special Women's Day Afternoon Tea

Join us for some muffins and light entertainment.

Date: 10th May, 2024
2:30: Performances in the PAC

2:45: Activities in classrooms (please go to your youngest child's classroom first (your eldest can join you before going back to their classroom))

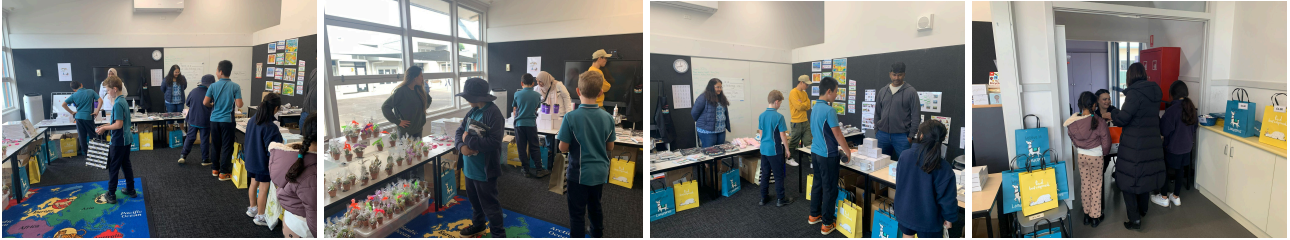
Please note: Due to limited space in our classrooms, we can preferably only accommodate 1 adult per child. Please see your classroom teacher for further enquiries.



MOTHER'S DAY STALL

Thank you to PA for organising our Mothers' Day stall.

Prep and Year 2 get to go shopping tomorrow. Don't forget to pack some money for your child. Any students who did forget their money today will have time allocated to purchase tomorrow.



PREPS - WHY WE LOVE OUR MUMS?

Here are some cute responses from some of our preps...

- (Melina PS) - because she kisses me before I go to bed and she loves me
- (Lara PS) - because she buys me presents all the time
- (James PS) because she always loves me and lets me watch You Tube
- (Sajan PD) because she gives me lots of hugs
- (Samya PD) because she loves me
- (Vihaan PD) because she makes me food
- (Wesley PG) because she kisses and hugs me
- (Miles PG) because she cuddles me at night

ENROLMENTS PREP 2025

If you have a younger sibling who is due to start school next year, or know of any families who are within our zone and have a child due to start school, we ask that you submit an enrolment form. Enrolments for 2025 can be done either via paper or online.

To register online please use the following link - <https://students.educationapps.vic.gov.au/s/>

Please speak with Louise or Julie in the office if you have any questions or would like a paper form.

AWARD WINNERS

Congratulations to all those who received an award at this week's assembly -

Prep D - Adelaide S & Dayne D
 Prep G - Ava I & Miles C
 Prep S - Adeeva M & Vy An T
 1B - Emma Z & Riyan C
 1D - Alexandra S & Ethan L
 1S - Ty C & James H-H

2C - June D & Mia Jane S
 2E - Amelia P & Zachary W
 2F - Tia A & Channing D-C
 3D - Melissa C & Roseanne P
 3M - Alisha A-N & Dzakhir R
 3O - Charlee O & Hayule K

4C - Samuel P & Alice D
 4M - Arya F & Angela S
 4R - Logan S & Zoe D
 5D - Farida A & Mark R
 5M - Elle L & Darren L
 6M - Mishika D & Cooper W
 6V - Surya K & Dwayne B

Specialist Awards -

Art - Dino S & Elaine C

Japanese - Owen H & Hugh M

Music - Jayden C & Harym K

PE - Radin R & Aarna M

ILLNESS

We have quite a lot of nasty bugs going around at the moment. If your child is sick, please keep them at home to stop the spread.

CHEESE TOASTIES!

Don't forget to get your orders in for our cheese toastie fundraiser. Orders need to be handed to the office by Tuesday 14th May. Payments can be made via cash or Eftpos at the office. The order form can be found later in the newsletter.

Let's Celebrate...

- All our mums and special women in our students' lives. Mums, grandparents, aunties, etc play a crucial role in children's lives as caregivers, nurturers and educators, providing emotional support, guidance and stability. We hope you have a great day on Sunday!

Sharon Reiss-Stone

Principal

Assistant Principal's Report

WELLBEING

Working on gratitude helps us to be thankful and appreciate what we have in our lives,



rather than focusing on what we don't have or what we want. When we practise being grateful, we start to scan the world to look for positives – this only takes 21 days! Practising gratitude every day increases our levels of energy, and helps us to feel happier and more focused, determined and optimistic. It even helps us have better sleep, lowers levels of anxiety and depression and we are less likely to get sick. So many benefits – let's all try to be grateful for the things and people in our lives every day!

Whole Family Activity:

Gratitude Scavenger Hunt

- As a family, create a scavenger hunt list of things that make you happy or you are grateful for. You can make your own list or use the examples below:
- Something that makes you happy
- Something you love to smell
- Something you enjoy looking at
- Something that is your favourite colour
- Something you like in nature
- Something that is useful for you
- Each member of the family uses the list and has to find as many things as they can.
- You can hunt for things inside or outside, or both. You can hunt for real things, or you can also do this using magazines or pictures from the internet.
- After a set amount of time hunting, come back together, have a look at what each person collected and let them explain why they are grateful for each item.

Family Habit Builder:

Every night at dinner, have each person talk about their favourite thing about that day.

Carolyn Datson

Assistant Principal



The Class of 2024 Graduation Committee along with MWHPs Parents Association is bringing The Cheer Toastie Truck to our school!

When: Tuesday 21st May

Price: \$4 for ONE Cheese Toastie

(students can purchase multiple toasties)

This event needs to be pre-ordered/paid so please complete and hand in the form by **14th MAY 2024** along with cash payment.

Parents and Carers are welcome to pop in between 1pm-2pm and buy theirs too!

Please complete ONE form PER child

Childs Name:

Class:

Toasties Required:

Total \$

Parent order (if required):

Toasties Required:

Total \$

PE NEWS



District Cross Country

Good luck to those students from years 4-6 who will be attending the District Cross Country tomorrow at Mirrabooka reserve in Blackburn South. We have approximately 55 students attending the day, fingers crossed for great weather. Please remember to bring something to sit on, a change of socks in case your feet get wet, snack and lunch, a drink bottle and something to pass the time. (For example, a pack of cards, book, drawing things)

Winter Interschool Sport

Last Friday we had our first winter interschool sport session. We played against Syndal South Primary School. Our AFL and Soccer team travelled to Syndal while our Softball, Rounders and Netball teams played at home. It was a beautiful morning for sport, the sun was shining and we had some great competition.

Results as follows

	MWHPS	Syndal South
Softball	11	7
Netball Mixed	10	0
Netball Girls	1	8
AFL	21	70
Soccer	8	1
Rounders	15	11

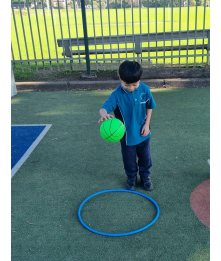
Well done to all students who completed on the day. Our next game is against Huntingtower on the 17th May.

Around the Grades

Prep



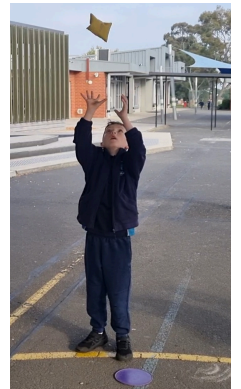
Students in Prep have been working on their hopping and jumping skills this term. They have also been introduced to and developing their ball bouncing (dribbling) skills. Students have been practising 'bounce, catch, step when moving and bouncing and also developing their one handed bounce when standing still.



Year 1



Students have been working on their underarm throwing and catching skills as well as their hand eye coordination skills with bean bags this term. Students have been learning to use their dominant and non dominant hands to throw and catch the bean bags.



Year 2



Students have continued to develop the correct technique involved in underarm throwing and catching this term. They have also been working on their hand eye coordination and throwing and catching with their dominant and non dominant hands. Students have been working hard to aim and hit a target when throwing either a ball or bean bag.



Year 3

This term students have been introduced to invasion games and each week we are focusing on a different skill related to invasion games. This week students have learnt about dodging and matching an opponent. We have also been practising our chest and bounce passes.

Year 4

We continue learning the skills and strategies used in invasion games. We have focused on dribbling and kicking a soccer ball and working on dodging and fake dodging our defender to get in front of the ball. When dodging we are working on keeping our head up, having a low body position. Planting one foot and using your leg muscles to push off explosively in a sideways direction.

Year 5

We continue learning of the skills and strategies used in striking and fielding games with our focus on rounders. We have focused on deep fielding and striking a ball. Students have focused on throwing for distance and throwing at a base.

Year 6

Striking and fielding has been a focus this term. Students have been working on throwing, catching, striking and running bases. Students experimented with their body position and placement of their feet to help with the placement of the ball in the field.

SRC News

MWHPS

Whole School Disco

WEEK 5

MUSIC, DANCING AND DISCO LIGHTS


**VOTED
DOJO
REWARD**

Week 5	Mon 13th May	Tues 14th May	Wed 15th May	Thurs 16th May
1st Half Lunch	Preps	Year 2	Year 4	Year 6
2nd Half Lunch	Year 1	Year 3	Year 5	PACK UP



Japanese News



JF2024 “ETEGAMI/Japanese Postcard Art” Contest

As part of the 22nd Japan Festival to be held on Sunday 19 May 2024, a “ETEGAMI/Japanese Postcard Art” contest will be held for primary and secondary students as well as the general public. All the drawings will be displayed at Box Hill Town Hall (please note that due to space limitations, not all works may be displayed).

In addition, all the drawings will be sent to Matsudo-city in Chiba Prefecture, the sister city of Whitehorse, where the event is being held (in honour of the event’s theme “TUMUGU”).

“TUMUGU” means "connecting communities, connecting cultures, connecting to future".

Entry Guidelines:

- Material: Paper
- Size: A6, W148 x H105mm (1/4 of A4 paper, same size as Japanese postcards)
- Recommended thickness: Drawing paper, card etc. Approximately 2-6g
- Drawing materials: Crayons, pastels, paint, coloured pens, coloured pencils, anything is fine
- Message: It can be written in either English or Japanese

Entry Rules:

- One entry per person, entry is limited to one drawing per individual
- Please fill out the contact information on [the application form](#) and attach it to the back of your artwork before sending it
- Application acceptance starts on Tuesday 2 April, 2024
- The deadline is Monday 6 May, 2024, Late entries will NOT be accepted – STRICTLY. Please

Announcement of the winners and presentation of the prizes:

- Sunday 19 May 2024 on the Main Stage, Box Hill Town Hall
- If the winner cannot attend on the day, we will send the prize by mail

You can find details about how to apply -

<https://www.jcv-au.org/japanfestival/contest-en/postcard-art-contest-e>

Parents Association News

HAPPY MOTHER'S DAY!

Thank You Mother's Day Pop-Up Shop Volunteers.

It was great to see the students coming through to select gifts and there are more to come through tomorrow.



We greatly appreciate the help of our parents and carers so a big thank you to:

Volunteers: Irene K, Lenore, Zainab N, Justin C, Ange B, Alison H, Helen S, Naveenoa K, Ethelyn K, Lai Yan T, Georgette P, David M, Doni D, Amanda N, Maggie L, Rāto M, Ava T and Adele L.

PA members: Mina P, Bridgette S, Mel R, Kaye K, Kerry T, Karen I, Leanne R, Samantha G and Lisa W.

Lisa Wong

President PA

Mount Waverley Heights Primary School
Parents' Association invites you to join us for a

MOVIE NIGHT

DAY



DESPICABLE ME 4

Hello!

Join us for a
private screening
of Despicable Me 4.

Sat. June 22nd

2:30ish

(Exact time to be confirmed)

Showbiz Cinema,
Pinewood Shopping
Village

For further
information and how
to get your ticket, keep
an eye on the school
news letters and
Sentral.



Extend News



Watch the latest kids film with your friends, jump, climb and bounce your way through the holidays.

Hone your detective skills and explore your musical talents with some thrilling and interactive incursions.



Compete with your friends and discover your artistic side with our fantastic activity days!

That's not all! Our holiday program is also host to a variety of extra activities, such as board games, sports, dress-ups, a reading library and countless opportunities for fantabulous fun these school holidays!

CCS is applied to the session fee, incursion and excursion fees, making it more affordable for families!

Book your super-fun winter school holidays with Extend at extend.com.au

You don't want to miss out!



DISCOVER, LEARN, PLAY WINTER
EXTENDSQUAD
FANTABULOUS school holiday experiences!

MOUNT WAVERLEY HEIGHTS PRIMARY SCHOOL

ADDITIONAL DETAILS

Monday 1 July to Friday 12 July
8:00am – 6:00pm
Please provide morning tea and a healthy, nut free packed lunch for your child.

- Activity day
- Incursion and activities
- Excursion and activities

Pay from just \$9.50 after CCS*
Session fee \$94.95**

*With the maximum Child Care Subsidy
**Without Child Care Subsidy

MONDAY 1 JULY



Indoor Tennis Games & Slime

Aspiring to be an all-star tennis player? Join us for tennis-themed games that will help you shine on the court!

PAY FROM \$9.50 AFTER CCS*
SESSION FEE ONLY**

TUESDAY 2 JULY



ZappyZoomer & Mosaic

Harness the propulsive power of balloons to build your own zooming rocket. Launch it and see it soar! How far can your zoomer travel?

PAY FROM \$9.50 AFTER CCS*
SESSION FEE + \$20

WEDNESDAY 3 JULY



Crazy Climb

Join us at the most exciting indoor rock facility in Melbourne, with dozens of different climbs to challenge and excite!

PAY FROM \$14.30 AFTER CCS*
SESSION FEE + \$48**

THURSDAY 4 JULY



Mystery Solving Mayhem

Put on your thinking caps and open a case filled with thrilling surprises and riddles! Work together to uncover hidden truths and solve the mystery!

PAY FROM \$11.30 AFTER CCS*
SESSION FEE + \$18**

FRIDAY 5 JULY



Plant People & Skipping Games

Mix the skills of a gardener and a hair stylist by creating your own plant person! Decorate your person's face and grow them a green head of plant hair!

PAY FROM \$9.50 AFTER CCS*
SESSION FEE ONLY**

MONDAY 8 JULY



3D Bugs & Netball Drills

Who wouldn't want to create their own crawly little creature to play with? Put your crafting skills to the test and make your favourite bug!

PAY FROM \$9.50 AFTER CCS*
SESSION FEE ONLY**

TUESDAY 9 JULY



Disco and Karaoke

You're invited to our wintertime party! Become a karaoke star and belt out the lyrics to your favourite songs or show off your moves with a vibrant disco!

PAY FROM \$11.30 AFTER CCS*
SESSION FEE + \$18**

WEDNESDAY 10 JULY



You're going to the movies!

Grab some popcorn and watch the latest kids film with your friends!

PAY FROM \$13.10 AFTER CCS*
SESSION FEE + \$36**

THURSDAY 11 JULY



Active 8 & Mini Experiments

Is there a better way to energize and get your body moving than through an exhilarating 8-minute workout?

PAY FROM \$9.50 AFTER CCS*
SESSION FEE ONLY**

FRIDAY 12 JULY



Athletics & Bowling Tag

Are you an upcoming athlete? Join us in a collection of fun yet challenging activities designed to boost your stamina, speed, and overall fitness!

PAY FROM \$9.50 AFTER CCS*
SESSION FEE ONLY**

DISCOVER, LEARN, PLAY WINTER
EXTENDSQUAD
FANTABULOUS school holiday experiences!

WHAT DO I NEED TO KNOW FOR WINTER VACATION CARE?

What food should I pack for my child?

Please pack a healthy, nut free morning snack and lunch as you would for a normal school day. The service will provide a delicious and healthy afternoon snack.

Please ensure a refillable water bottle is packed for your child.

What should my child wear to vacation care?

Your child should wear long pants (trackies or leggings), a shirt that covers their shoulders (no singlets), a hat and a warm jacket. Your child must also wear closed shoes (no thongs or sandals).

If the children are doing art or a messy activity, please wear old clothing or pack an art smock.

What if I have a question about Child Care Subsidy?

We are approved to process your Child Care Subsidy payments from the Federal Government. However, we are not in control of how much subsidy is paid by the Government to each family.

If you have questions about Child Care Subsidy please contact Services Australia on 136 150.

Can my child attend services in a different state?

If you are enrolled with Extend, you can attend an Extend service anywhere in Australia where a service is available.

You do not need to regularly attend the school itself to attend an Extend Holiday Program. All primary school aged children are welcome.

Where do I find excursion bus times?

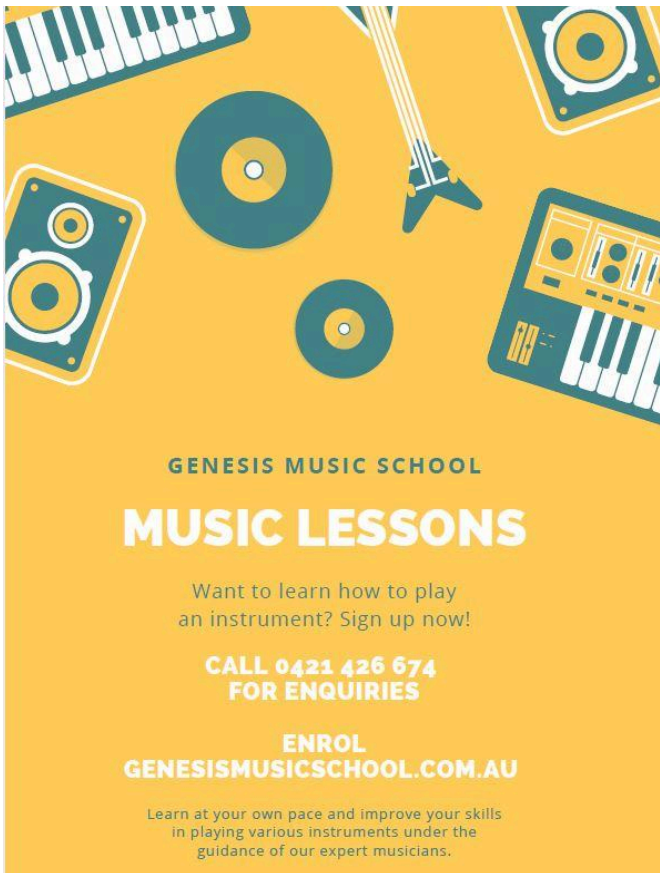
If you have already booked your vacation care sessions, log in to your LookedAfter account, go to your booking calendar and click on the excursion session. Information regarding the session will pop up and you will find the bus time listed under 'Service'.

If you are booking a session, follow the usual booking process. You will find the information under 'Service'.

How will CCS help you save money during vacation care?

CCS covers up to 90% of the session fee, incursion fee and excursion fee based on the household income.

For example, a family eligible for 64% CCS will only pay 36% of the remaining session fee. This means for a 10 hour session costing \$100, the family will pay the gap fee of \$36 with the remaining \$64 covered by CCS. That's \$3.60 per hour!



GENESIS MUSIC SCHOOL

MUSIC LESSONS

Want to learn how to play an instrument? Sign up now!

CALL 0421 426 674 FOR ENQUIRIES

ENROL
GENESISMUSICSCHOOL.COM.AU

Learn at your own pace and improve your skills in playing various instruments under the guidance of our expert musicians.




JOIN THE FUN!

Oakleigh District Auskick Centre

Sundays 9:00am - 10:30am
starting May 2024
Princes Highway Reserve

Coordinator: Jo Ryan
Email: auskick_oakleighdistrict@outlook.com

play.afl/auskick



Karate • Kickboxing

2 Week Trial

\$29 - No Uniform
\$99 - Uniform Included

(03) 9579 0800

info@allstarsdefence.com.au


What you get:

- 2 Weeks Unlimited Training valued \$110
- Uniform (White Karate Gi or Muay Thai Shorts & Singlet) valued \$85
- A dedicated instructor to work with you
- Train with students your age
- Access to our online training curriculum

Locations:

McKinnon Secondary College East Campus, 14 South Dr, East Bentleigh
Duncan Mackinnon Reserve Function Room, North Road, Murrumbeena
Before School Clubs: St Joseph's Malvern, St Joseph's Elsternwick, SHPS Sandringham

Scan To Book



www.allstarsdefence.com.au