



### Dates To Remember

### TERM ONE 2024

Friday 8th March Interschool Sport Years 5 -6

Monday 11th March Labour Day Public Holiday

Wednesday 13th March Year 1 Sound and Light Incursion Naplan - writing

Wednesday 13th March Book Club DUE

Thursday 14th March Naplan - reading

Friday 15th March Naplan - conventions of language

Monday 18th March Naplan - numeracy

Tuesday 19th March Hot Cross Bun orders DUE

Wednesday 20th March Twilight Sports 5.30 - 7pm

Friday 22nd March Interschool Sport Gala Day Year 5 & 6

Monday 25th March End of Term Assembly 9am Easter Bonnet/Crazy hat day

Monday 25th - Wed 27th March School Nurse in for Preps

Wednesday 27th March School Council AGM

Thursday 28th March Multicultural Day Celebrations End of Term 1 - 2.30pm

### Thursday 7 March, 2024

# Principal's Report

### TWILIGHT SPORTS - 5.30 -7pm

Don't forget to keep Wed March 20th free for our Twilight Sports Event. This is a House competition that promotes teamwork and sportsmanship. Families are encouraged to come dressed in their child's house colours. PA are running a BBQ from 4.45pm onwards so feel free to come down and purchase a sausage or two! Families are also welcome to bring their own picnic. Don't forget your chairs and rugs!

### **NAPLAN - Next Week**

Our main testing days are... Wed March 13 (Writing) Thu March 14 (Reading) Fri March 15 (Language Conventions) Mon March 18 (Maths)

Tues March 19-22 will be used to test any students who were absent for any of the assessments. For Year 3 and 5 families, please avoid booking any appointments during the above dates.

#### NAPLAN DATA 2023:

Despite the negative NAPLAN talk in the media of late, our school results in 2023 were excellent. If we take out students on the PSD program (whose data is included in the overall school data) we perform at or above similar and network schools in almost all areas. Similar schools are just that - similar in socio economic background (based on parent occupation information), EAL (English as an additional language) and families social disadvantage. Network schools are those in the area despite whether they are of similar standing. Here are our 2023 results once again.

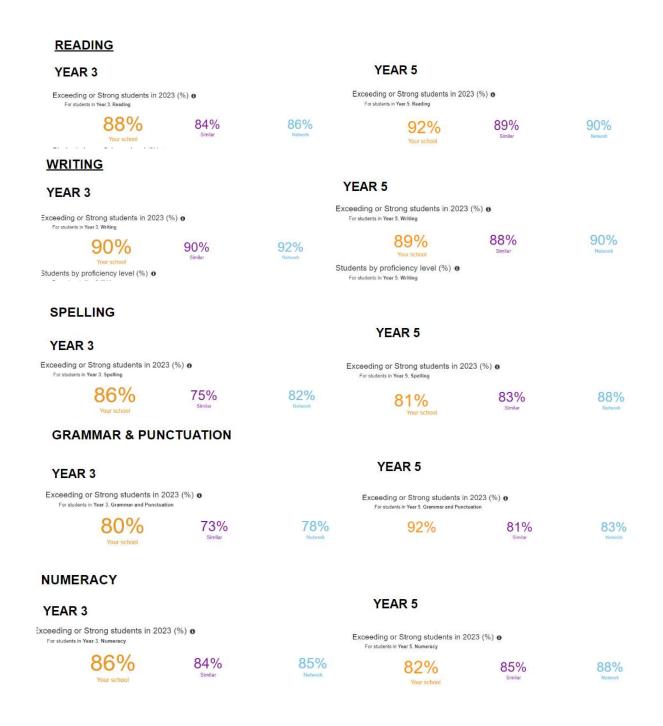












Whilst each cohort has different strengths, we are always reflecting on how we can improve our practices. Given that our network is the strongest in the state, our students are doing exceptionally well. Don't believe all the hype in the media! They love to sensationalise reports.







### **GARDENING**

A huge thank you to Kerry, Nick and Travis for giving up their time to spread mulch around last Tuesday.





### **MULTICULTURAL DAY- Thursday March 28**











#### **CLASSROOM CONTACT LISTS**

We are currently updating our class contact lists. Class contact lists allow families to easily get in contact with one another to arrange catch ups, birthdays etc. Parents' details are only included if you have filled in the form and ticked 'yes' to being listed. This agreement is in place for as long as your child is at MWHPS.

All prep and new families received information at the start of the year on how to join. If you did not receive a form and would like your details included, please use the following link - Prep and New family contact details

If you are a current parent who did not take up this offer last year, but would now like to be included or your details have changed, please let Julie know ASAP or use the above link to add your details.

### **CLASSROOM REPRESENTATIVE ROLE:**

Mount Waverley Heights Primary School encourages the active involvement of parents and guardians in the functioning of the school through a Class Representative Program.

### The primary role of the Class Representative involves:

 Organising social functions e.g. morning teas and dinners for the parents, class play dates for the children.

### Here are some minor role requirements:

- Supporting the class teacher when and if required.
- · Providing administrative support through coordination, facilitation and communication to the class parent
- Where requested by teachers, organising parent helpers for class activities and programs like camp, reading, sports events etc.
- Encouraging and supporting the members of the class group to get involved in school community activities and events.
- Supporting and organising others to assist with school events. Your details will be shared with the PA President so that they can directly link into different year levels.
- Welcoming new families to the class and arranging appropriate introductions with other parents of the class.
- Meeting with the Principal online 1 2 times a Semester to discuss how things are going.

If you would like to be a classroom rep please let Julie know ASAP.

### **SECONDARY SCHOOLS - YEARS 5&6 FAMILIES**

Just a reminder to Year 6 families in particular, to ensure that you have been on a school tour or attended some secondary school Open Days/Nights, if you haven't already done so. Tours and days are currently being advertised. We would also highly recommend Year 5 parents to begin visiting secondary schools this year, rather than waiting until your child is in Year 6. This helps to make an informed decision and provides families with enough time to look for alternatives, should you wish to do so.







### **CONGRATULATIONS TO OUR AWARD WINNERS**

Congratulations to all the students who received an award at Monday's assembly. Our next assembly will be the end of term assembly at 9am on Monday 25th March. Parents are welcome to join us in person or online. An online link will be sent on the Sunday night beforehand.

4C - Rickson L & Elsie R Prep D - Samya S & Oliver T 2C - Yasmine H & Reyaansh M Prep G - Kara L & Ajay C 2E - Adithi W & Muhammad I 4M - Sun Woo K & Phoenix RZ Prep S - Julia T & Aming X 2F - Julie P & Noah L 4R - Kian D & Vedh K 1B - Azaylea B & Trevor L 3D - Stefanie M & JAsper Z 5D - Audrey C & Steven C 1D - Poppy A & Zac T 3M - Rachel B & Isla M 5M - Cleo H & Jacob L 1S - Akshara K & Alina A-N 30 - Ryan B & Lana S 6M - Cerise B & Sam C 6V - Kivain E & Thomas A

### Specialist Awards -

Art - Riley K & Shihanah F Japanese - Jaanvika A & Jada T Music - James W & Lucas F PE - Advit S & River H

### SCHOOL CAPTAINS - INTRODUCING STAFF

This week our School Captains, Neil and Katarina, interviewed Ali Orchard, our new Year 3 teacher and they have put together the following bio.

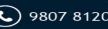
- What is your cultural background: I come from New Zealand
- What is your greatest achievement: Getting my Masters Degree in 2021
- What is your favourite food: Pizza WITH Pineapple
- A favourite thing to do on summer holidays: I love travelling to different states/cities
- What was your favourite subject at school: *Maths*
- Do you have a favourite TV Show/Movie: The Simpsons and The Back to the Future movies
- Who is your favourite author: Kathy Reichs
- Have you had any different careers: I was a waitress
- What is your favourite colour: Purple
- What are your Hobbies: Going to the gym, running and reading
- When you were a kid, what did you want to be when you grew up: I wanted to be a Police Officer
- Do you have a favourite childhood memory: Living on a farm, being independent and having space
- Fun Fact: I use to live in New Zealand

#### Let's celebrate...

- Our volunteers for helping in the garden.
- Our trees finally being cut down and chopped back after the storm.
- A long weekend! Enjoy!

Sharon Reiss-Stone

Principal













# Assistant Principal's Report

### **WELLBEING**

The Resilience Project's webinar on Authentic Connections was last Monday night. Thank you to the families that registered and the staff who joined the webinar. Martin who delivered the webinar is an ex Assistant Principal and ex AFL footballer and has delivered this session to many schools, the AFL and the NRL. Martin shared his experiences, stories and passions to help us find and make connections.

Some key take aways for me were:

- Embrace who you are and model it to your children, avoid comparison.
- Have goals not expectations. Work towards goals and learn from mistakes.
- Follow your passion what is your passion? A passion leads to your flow which increased happiness, creativity and emotional regulation.
- Connection gives you purpose and meaning.
- Positive emotions show cognitive change - increase attention span, creativity and engagement.





### Building strong connections in your school community



### Research tell us:

Connection is vital to our happiness (Diener and Seligman, 2002)

Connection is one of the most protective factors against suicide, particularly for the young (Dr Craig Hassed, The Essence of Health)

Connection can help stop us from getting sick

(Cole, UCLA)

When you are young, connection is a stronger predictor of a happy adulthood than academic performance (Journal of Happiness Studies, 2012)



### **Taking Control of Emotions**

What three activities influence the strength of your emotions?

Music 7 seconds

Exercise 30 seconds Laughter instant

University of Maryland, Baltimore County



Carolyn Datson
Assistant Principal











# PE News

Our Year 5/6 students competed in their Second game of Friday inter-school sport competitions, this was against Huntingtower.

It was another beautiful morning for sport. We have been so lucky with our sports mornings! The students competed in Tennis, Volleyball, Cricket and T-ball. Our next game is this Friday against Camelot Rise.

### Results are as follows.

Game	MWHPS	Huntingtower
Hot Shots Tennis	8	22
Volleyball	2 sets	0
Cricket	141	165
T-Ball	21	14



### **Division Swimming event**

On Friday 1st March, two of our students participated in the Division Swimming. We would like to congratulate Romeo and Olivia on their achievements. Both competed in Breaststroke, and Romeo came 4th and Olivia came 3rd in her heat and 4th in the final.















### Twilight Sports **Opals Dolphins** Wednesday 20th March

Twilight Sports is coming up on Wednesday 20th March, with events running from 5:30 - 7:00pm. It will involve students competing in running races, hurdles, discus, javelin, relays and novelty races in their house teams.

Families are welcome to arrive from 4.30pm to have a picnic prior to the events. Each student has a designated house and it is suggested that students wear their house colours on the night. Please ask your classroom teacher if your child is unsure of their house colour.

The Parent's Association will be running a sausage sizzle on the night. Please see the PA section about signing up to help out.

If you have any further questions or queries please don't hesitate to ask us. We are looking forward to a night filled with fun and active kids!

**Thanks** Mrs Black & Mrs Molnar









Below are some of the dates of PE events for year. If you are able to help out at any of these events can you please send a message via Sentral to Mrs Molnar or Mrs Black.

Date	Event	Years involved
April 19th - 9:00-11am	House Cross Country	Whole School
April 30th	Hooptime	Selected Year 1/2 students.
May 3rd 9:00-11am	Interschool Sport	Year 5/6
May 10	District Cross Country	Selected Year 4-6 Students.
May 17th 9:00-11:am	Interschool Sport	Year 5/6
May 31st 9:00- 11am	Interschool Sport	Year 5/6
June 13 9:00-2:30pm	Interschool Sport Gala day	Year 5/6
17th July 9:00-2:30pm	House Athletics	Whole School
August 1st	Hooptime	Selected Year 3/4 Students
August 22nd	Hooptime	Selected Year 5/6 Students
September 6th	District Athletics	Selected Year 4-6 Students
September 15th	Footy Day	Whole School
October 8-17th	Swimming Program	Prep, Year 1 and Year 2







### Parents Association News

### Twilight Sports - Wed, 20 March

### Sausage sizzle bookings

If you are planning to buy a sausage sizzle, please help us by filling in the simple form below for catering purposes. No payment is required.

https://www.trybooking.com/CPXLX

### Volunteers still required!!!

The PA is running the sausage sizzle and needs your help.

Help us fill in the slots to run the stand, from selling, cooking, prepping and everything in-between. We appreciate all the help we can get. Please sign up ASAP if you are able to using this link:

https://volunteersignup.org/BRYJB.

We will be in touch with those that have signed up in the coming weeks.

### **Easter Raffle Donations**



Just like last year, we are asking families to kindly donate Easter treats and gifts to make up Easter hampers that will be used as prizes. We had over 20 prizes last year as pictured.

Donations can be left in the box at the school office.

You can start buying raffle tickets as they start to be sent home with your child! You've got to be in it to win it!

If you have any spare baskets (like the one in the image) that can be used to make up the hampers, that will also be greatly appreciated.

Many Thanks.

Lisa

PA President













It's time to get creative at home and create an Easter hat to wear during the parade!

It's easy to find simple to complex ideas online if you're stuck for ideas - from simple cut, print, colour templates to paper plate bunny ears to going all out! Anything goes!

Alternatively you're welcome to bring any crazy or funny hat to wear instead. Participation is optional and just for fun.













### SRC News



Mount Waverley Heights PS

»»»» Thursday 21st March ««««

Wear some orange! (socks, ribbon, tie, shoelaces, headband, t-shirt)











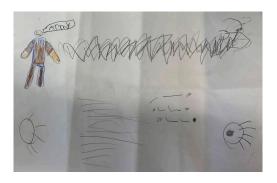


## Around the classes



Year 1 Inquiry - Light and Sound

The Year 1s have been learning about how light and sound work. The students demonstrated their knowledge by drawing how light and sound are produced and received.























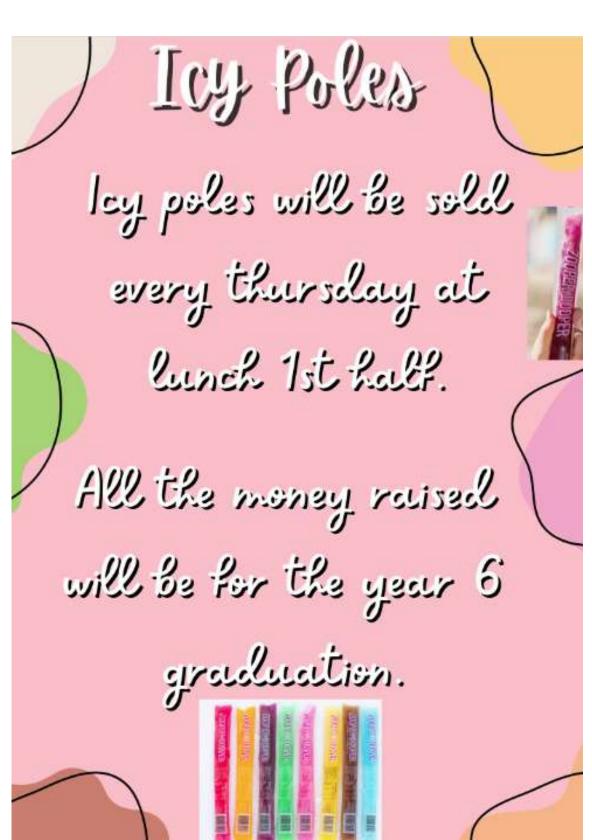


















### Extend News

















### **MOUNT WAVERLEY HEIGHTS PRIMARY** SCHOOL

Additional Details
Tuesday 2 April to Friday 12 April 8:00am - 6:00pm

Please provide morning tea and a healthy, nut free packed lunch for your child.



Activity day



Incursion and activities



Excursion and activities

### PAY FROM JUST \$9.10 AFTER CCS\* **SESSION FEE \$90.95\*\***

\*With the maximum Child Care Subsidy \*\*Without Child Care Subsidy

#### Monday 1 April



**Public Holiday** 

### Juesday 2 April



Take on a variety of unique and challenging objectives with the powers of friendship, trust and teamwork!

PAY FROM \$9.10 AFTER CCS\* Session fee only\*\*

### Wednesday 3 April



Myuna Farm & Heaps of Activities! Take a tip to farming country, where you'll see all sorts of friendly farm animals and discover the fascinating world of agriculture!

PAY FROM \$ 13.09 AFTER CCS\* SESSION FEE + \$39.95\*\*



The Mystical Magic Show! & Heaps of Activities! Magic is in the air! Join us for an enchanting experience like no other with an entertaining

PAY FROM \$11.40 AFTER CCS\* Session FEE + \$23.00\*\*

#### Friday 5 April



Multi Sports & Sushi

Bring your A-game and learnwork to navigate through tearn games! Remember to stay SunSMART, keep hydrated, and have fun!

PAY FROM \$9.10 AFTER CCS\* Session fee only\*\*



Mad Science Manta & Heaps of Activities! Dive into a myriad of cool experiments designed to astonish and inspire. Don't hiss this chance to unleash your inner mad scientist!

PAY FROM \$11.40 AFTER CCS\* Session Fee + \$23.00\*\*



SuperZu Play Centre & Heaps of Activities! Go wild at the SuperZu Indoor Play Centre! Climb the volcano, ride down the tubby silde or bounce away on the trampolines and so much more

PAY FROM \$13.09 AFTER CCS\* SESSION FEE + \$39.95\*

### Wednesday 10 April



& Pinata Embark on a hunt for natural treasures around our service. Then, channel your discoveries into creating a stunning work of natural art!

PAY FROM \$9.10 AFTER CCS\* Session fee only\*\*

### Thursday 11 April



DIY Dreamcatchers & Team Games Get ready to weave dreams, add bursts of colour and create something magical to hang by your bedside!

PAY FROM \$9.10 AFTER CCS\* Session Fee Only\*\*

### Friday 12 April



Obstacle Course & Indicator Blues
Create an exciting and
physically engaging obstacle
course that challenges you
mentally and physically!

PAY FROM \$9.10 AFTER CCS\* Session fee only\*\*

















# Digimaker



### COMPUTER PROGRAMMING CLUB!

@ Mount Waverley Heights Primary School

In a world where technology touches every aspect of our lives, it is crucial that our children understand how it works. To accomplish this objective, there is an exciting coding club running at the school.



#### **DEVELOP SKILLS**

- Creativity
- Logical thinking
- Problem solving



#### LEARN

- Computer Science Concepts
- Fundamentals of programming Loops, Events, Randomness and more

### PROGRAMMING LANGUAGES

- Scratch
- Python
- Javascript
  - .. and many more



#### MAKE

- Games
- Web pages
- Apps

Digimaker structured program runs each term and is charged on a per-term basis. Students will use school computer during the lesson.

### **9 WEEK TERM PROGRAM**

Year levels: 3 to 6 Program for Term 2 2024 is as follows: Term Fee: \$270 incl GST

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BATCH 1	
Tuesdays 16th Apr to 11th Jun 2024	
BATCH 2	
Wednesdays 17th Apr to 12th Jun 2024	

Fill out the form online by Thursday 28th Mar 2024



### www.digimaker.com.au/enrol

Digimaker will confirm your child's spot via email\*\*

\*\* All important emails from Digimaker will be sent from intolicinaker.com.au. Please ensure this address is whitelisted in your Junk Email filters or added as a Trusted contact,

### HOLIDAY E-LEARNING PROGRAM

2 HOURS OF FUN FILLED CODING **FULLY SUPERVISED OVER ZOOM** (5 DAYS A WEEK!)

https://www.digimaker.com.au/events/school-holiday-coding-program/

















