

Dates To Remember

TERM ONE 2024

Friday 1st March

Division Swimming - selected students

Monday 4th March

Assembly 2.30pm

Friday 8th March

Interschool Sport Years 5 -6

Monday 11th March

Labour Day Public Holiday

Wednesday 13th March

Year 1 Sound and Light Incursion
Naplan - writing

Thursday 14th March

Naplan - reading

Friday 15th March

Naplan - conventions of language

Monday 18th March

Naplan - numeracy

Tuesday 19th March

Hot Cross Bun orders DUE

Wednesday 20th March

Twilight Sports 5.30 - 7pm

Friday 22nd March

Interschool Sport Gala Day Year 5 & 6

Monday 25th March

End of Term Assembly 9am
Easter Bonnet/Crazy hat day

Wednesday 27th March

School Council AGM

Thursday 28th March

Multicultural Day Celebrations
End of Term 1 - 2.30pm

Thursday 29 February, 2024

Principal's Report

NAPLAN

Just a reminder that we have our upcoming National Assessment period from March 13-22 for Years 3 and 5 students. Teachers have been preparing the students and reassuring them that this is like any other school assessment.

Our main testing days are...

Wed March 13 (Writing)

Thu March 14 (Reading)

Fri March 15 (Language Conventions)

Mon March 18 (Maths)

Tues March 19-22 will be used to test any students who were absent for any of the assessments. For Year 3 and 5 families, please avoid booking any appointments during the above dates.

GARDENING - TUESDAY MARCH 5

Many of you are aware that our retired Speech Pathologist (Leanne) very kindly donates her time to work on our garden beds. The beautiful succulents that run along the teacher car park area is a testament to her incredible dedication. She definitely has a green thumb. Every week Leanne donates her time to weed, plant and maintain a range of garden beds, but we need your help.

WHEN: TUES MARCH 5

TIME: Anytime between 10am and 3pm

WHAT: Weeding then spreading the mulch that has been left near the front of the school

BRING: Your own gardening gloves, rake, shovel, wheelbarrow (if possible) and mask

Even if you only have an hour, we would really appreciate your help!

Please let Julie know if you can help out and we will add you to the list!



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SUSTAINABILITY - CALLING FOR HELP

Calling for any interested parent/s who are willing to give up a lunchtime or two to work with students to strip our current garden beds and plant some veggies/fruit. We would love someone who was able to coordinate works and rally the troops (grandparents and other parents) to get involved. The more hands the merrier! Please let Julie know, if you are interested in being involved or interested in leading the program.

MULTICULTURAL DAY- Thursday March 28

We have lots of fun activities planned for Multicultural Day. We have WALA performing. They are a dynamic fusion of drumming, dance, percussion and soaring vocal harmonies. Two passionate, exuberant and talented performers present audiences with an exciting display of Ghanaian culture.

After the whole school performance, students in Prep-2 will be learning and playing the castanets (Spanish focus), participating in Irish dancing and undertaking some Rangoli Art (Indian). Our Year 3-6 students will be completing some Korean Ink Art, playing Lacrosse (Canadian Sport) and participating in some indigenous games.

To top the day off we have a special lunch planned - Spanish Paella! This will be followed by a couple of performances and a parade celebrating the diversity of our community.

We extend an invite to our parents who are welcome to join us for lunch and the afternoon performance. We would love all students to come dressed in traditional dress, or in colours of their Countries flag.

Details regarding this day will be shared on Sentral.



CLASSROOM CUISINE

Just a reminder that lunch orders can now be placed on the following days- **Monday, Wednesday, Thursday or Friday**. Yes, 4 days a week! Prices range from \$9.65 to \$15.15. There are no hot options but plenty of choices!

Visit: www.classroomcuisine.com.au

Congratulations to Zoe and Aliyana who were the first students to order through Classroom Cuisine!



CLASSROOM CONTACT LISTS

We are currently updating our class contact lists. Class contact lists allow families to easily get in contact with one another to arrange catch ups, birthdays etc. Parents' details are only included if you have filled in the form and ticked 'yes' to being listed. This agreement is in place for as long as your child is at MWHPS.



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All prep and new families received information at the start of the year on how to join. If you did not receive a form and would like your details included, please use the following link - [Prep and New family contact details](#)
If you are a current parent who did not take up this offer last year, but would now like to be included or your details have changed, please let Julie know ASAP or use the above link to add your details.

CLASSROOM REPRESENTATIVE ROLE:

Mount Waverley Heights Primary School encourages the active involvement of parents and guardians in the functioning of the school through a Class Representative Program.

The primary role of the Class Representative involves:

- **Organising social functions e.g. morning teas and dinners for the parents, class play dates for the children.**

Here are some minor role requirements:

- Supporting the class teacher when and if required.
- Providing administrative support through coordination, facilitation and communication to the class parent group.
- Where requested by teachers, organising parent helpers for class activities and programs like camp, reading, sports events etc.
- Encouraging and supporting the members of the class group to get involved in school community activities and events.
- Supporting and organising others to assist with school events. Your details will be shared with the PA President so that they can directly link into different year levels.
- Welcoming new families to the class and arranging appropriate introductions with other parents of the class.
- Meeting with the Principal online 1 - 2 times a Semester to discuss how things are going.

If you would like to be a classroom rep please let Julie know ASAP.

SCHOOL CAPTAINS - INTRODUCING STAFF

This week our School Captains, Neil and Katarina, interviewed Courtney Chan, our new Year 2 teacher and they have put together the following bio.

- Have you had any different careers: ***I have worked as a Basketball Referee and in Hospitality***
- Do you have a favourite childhood memory: ***When I got my pets.***
- What pets do you have: ***I have a Golden Retriever called Harvey***
- What are your Hobbies: ***Playing Basketball, playing the drums, walking the dog and hiking. Anything that is outdoors.***
- When you were a kid, what did you want to be when you grew up: ***I wanted to be a Basketball player.***
- What is your favourite food: ***Japanese, Indian and Malaysian***



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- What is your cultural background: **Australian/Malaysian**
- What is your favourite colour: **Blue**
- What is your greatest achievement: **Getting my teaching degree and seeing Tim Dunkin in real life**
- A favourite thing to do on summer holidays: **Going to the beach and spending time with family and friends**
- Do you have a favourite TV Show/Movie: **X-Men**
- What was your favourite subject when you were at school: **PE**
- Do you have a favourite book series: **Wonder**

Let's celebrate...

- All our students who are representing MWHPS at the swimming carnival. Congratulations to you all!
- Our Buddy program, Year 6 to Year 1 and Year 5 to Prep, which started this week



Sharon Reiss-Stone

Principal



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Assistant Principal's Report

FEEDBACK YOUR THOUGHTS ABOUT INFO NIGHT

Don't forget to let us know how we can improve our info night sessions. We appreciate feedback and strive to make the sessions as meaningful as possible. Please click the link below to have your say!

[Information Night Feedback](#)

WELLBEING

The Resilience Project is committed to teaching positive mental health strategies to prevent mental ill-health and build young people's capacity to deal with adversity.

Teachers and students will engage in weekly lessons and activities around the key principles of Gratitude, Empathy, Mindfulness (GEM), and Emotional Literacy to build resilience.

Check out their website for more information:

The Resilience Project - check out TRP@HOME; a place filled with inspiration and activities for the whole family, to help improve your wellbeing and build resilience. [TRP@HOME](#)

You are invited!

The Resilience Project Parent/Carer session is on Monday 4th of March (Week 6) 6:30pm - 7:30pm. If you are interested in the session Parent & Carer Resilience Project - Authentic Connection Webinar you will need to register using the link below.

<https://us02web.zoom.us/meeting/register/tZUtduiqqzluGdaooQKlCqHK9NPVYmgqm9s6>

Upon registration, registrants will receive a link to attend the webinar

What you can expect:

Through emotionally engaging stories and practical strategies, this session will help parents and carers understand the benefits of letting go of shame, perfection, ego and control. It will combine powerful research with candid storytelling, along with a few laughs to help support what is arguably the toughest job in the world... being a parent or carer!

Why a Parent & Carer presentation?

When building positive mental health in schools, we know the best impact happens when we work together.

The 'Authentic Connection' presentation helps do just that by sharing those same evidence-based strategies being taught in the classroom, so they can be also practised at home and beyond. Attendees will also be reminded of the importance of their own wellbeing - we bring the best versions of ourselves to our family and community, when we make time to look after ourselves.

Carolyn Datson

Assistant Principal



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PARENTS & CARERS



Authentic Connection Webinar for Parents/Carers

AUDIENCE
Parents & Carers

DURATION
60 minutes

FORMAT
Online Webinar

ABOUT THIS WORKSHOP

The Resilience Project's Hugh van Cuylenburg and Martin Heppell are excited to deliver a new presentation, 'Authentic Connection'.

Presented to you and other schools, this session for parents/carers includes **emotionally engaging stories** and **practical strategies** which will:



Demonstrate the power of embracing **vulnerability, imperfection** and **passion** to build connection.



Demonstrate the positive impact **connection** has on us both personally and professionally.

 **RESILIENCE PROJECT.**



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PE News

Twilight Sports

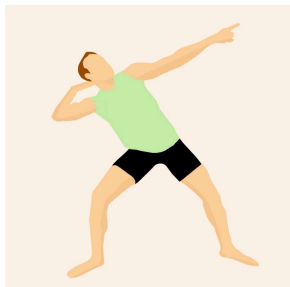
Our whole school community event this term will be the Twilight Sports. This will be held on Wednesday 20th March between 5:00pm -7:00pm. With events running from 5:30 - 7:00pm. It will involve students competing in running races, hurdles, discus, javelin, relays and novelty races in their house teams. Students will be asked to get dressed up in house colours for the night. Students will spend some class time going through these different events so that they know what to expect on the night.

Families are welcome to arrive from 4.30pm to have a picnic prior to the events. Each student has a designated house and it is suggested that students wear their house colours on the night.

The Parent's Association will be running a sausage sizzle on the night. Please see the PA section about signing up to help out.

If you have any further questions or queries please don't hesitate to ask me. We are looking forward to a night filled with fun and active kids!

Thanks
Mrs Kate Black



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Parents Association News

Sign up, sign up!

Volunteers Required for Twilight Sports - Wed, 20 March

This will be a fun night for families to see their child(ren) compete in various sports, meet other families, bring a picnic and/or grab a sausage sizzle!

The PA is running the sausage sizzle and needs your help.

Help us fill in the slots to run the stand, from selling, cooking, prepping and everything in-between. We appreciate all the help we can get. Please sign up ASAP if you are able to using this link: <https://volunteersignup.org/BRYJB>.



We will be in touch with those that have signed up in the coming weeks.

Easter Raffle Donations



Just like last year, we are asking families to kindly donate Easter treats and gifts to make up Easter hampers that will be used as prizes. We had over 20 prizes last year as pictured.

Donations can be left in the box at the school office.

You can start buying raffle tickets as they start to be sent home with your child! ***You've got to be in it to win it!***

If you have any spare baskets (like the one in the image) that can be used to make up the hampers, that will also be greatly appreciated.

Many Thanks.

Lisa

PA President



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Mount Waverley Heights Primary School

EASTER HAT PARADE

It's time to get creative at home and create an Easter hat to wear during the parade!

It's easy to find simple to complex ideas online if you're stuck for ideas - from simple cut, print, colour templates to paper plate bunny ears to going all out! Anything goes!

Alternatively you're welcome to bring any crazy or funny hat to wear instead. Participation is optional and just for fun.

Monday
25 March

9.05am
prior to end of term assembly

**PARENTS
WELCOME
TO ATTEND**



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Icy Poles

Icy poles will be sold
every thursday at
lunch 1st half.



All the money raised
will be for the year 6
graduation.



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Extend News



HAVE A BLAST WITH EXTEND THESE AUTUMN HOLIDAYS!

Get ready for the Extend Autumn Holiday Program! These holidays are packed with exciting activities, incursions and excursions!



Excursions



Embark on unforgettable excursions! Take to the lanes and land a strike, explore the legendary MCG and more!



Incursions



From magic shows to mad science experiments, incursions will transform your day with a range of exciting events at your service!



Activity Days



Unleash your inner artist, compete with your friends and heaps more every day with amazing activity days!

For FANTABULOUS FUN book your School Holidays at extend.com.au



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MOUNT WAVERLEY HEIGHTS PRIMARY SCHOOL

Additional Details

Tuesday 2 April to Friday 12 April
8:00am – 6:00pm

Please provide morning tea and a healthy, nut free packed lunch for your child.

- Activity day
- Incursion and activities
- Excursion and activities

**PAY FROM JUST \$9.10 AFTER CCS*
SESSION FEE \$90.95****

*With the maximum Child Care Subsidy
**Without Child Care Subsidy

Monday 1 April



Public Holiday

Tuesday 2 April



Initiative Games & Treasure Hunt

Take on a variety of unique and challenging objectives with the powers of friendship, trust and teamwork!

**PAY FROM \$9.10 AFTER CCS*
SESSION FEE ONLY****

Wednesday 3 April



Myuna Farm & Heaps of Activities!

Take a trip to farming country, where you'll see all sorts of friendly farm animals and discover the fascinating world of agriculture!

**PAY FROM \$13.09 AFTER CCS*
SESSION FEE + \$39.95****

Thursday 4 April



The Mystical Magic Show! & Heaps of Activities!

Magic is in the air! Join us for an enchanting experience like no other with an entertaining magic show!

**PAY FROM \$11.40 AFTER CCS*
SESSION FEE + \$23.00****

Friday 5 April



Multi Sports & Sushi

Bring your A-game and teamwork to navigate through team games! Remember to stay SunSMART, keep hydrated, and have fun!

**PAY FROM \$9.10 AFTER CCS*
SESSION FEE ONLY****

Monday 8 April



Mad Science Mania & Heaps of Activities!

Dive into a myriad of cool experiments designed to astonish and inspire. Don't miss this chance to unleash your inner mad scientist!

**PAY FROM \$11.40 AFTER CCS*
SESSION FEE + \$23.00****

Tuesday 9 April



SuperZu Play Centre & Heaps of Activities!

Go wild at the SuperZu Indoor Play Centre! Climb the volcano, ride down the tubby slide or bounce away on the trampolines and so much more!

**PAY FROM \$13.09 AFTER CCS*
SESSION FEE + \$39.95****

Wednesday 10 April



Nature Plate & Pinata

Embark on a hunt for natural treasures around our service. Then, channel your discoveries into creating a stunning work of natural art!

**PAY FROM \$9.10 AFTER CCS*
SESSION FEE ONLY****

Thursday 11 April



DIY Dreamcatchers & Team Games

Get ready to weave dreams, add bursts of colour and create something magical to hang by your bedside!

**PAY FROM \$9.10 AFTER CCS*
SESSION FEE ONLY****

Friday 12 April



Obstacle Course & Indicator Blues

Create an exciting and physically engaging obstacle course that challenges you mentally and physically!

**PAY FROM \$9.10 AFTER CCS*
SESSION FEE ONLY****



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Kids Unlimited



Extra-Curricular Activities

at Mt Waverley Heights Primary

ENROL ONLINE NOW!

SPOTS ARE STILL AVAILABLE!

ROBOTICS

- ✔ Mon, 3:35 - 4:35 pm
- ✔ Starts on 5 Feb
- ✔ \$210 for 7 sessions
- ✔ For Years 1-6
- ✔ Room: To be confirmed

The Lego WeDo program is an engaging introduction into the world of robotics and a great way to develop interest in maths, science and engineering. This hands-on program will see students working together to solve a range of real problems all with the support of experienced robotics coaches. Students will develop the confidence to ask questions and find answers at the same time.


SOCCER

FULL

- ✔ Thu, 3:35 - 4:35 pm
- ✔ Starts on 8 Feb
- ✔ \$195 for 8 sessions
- ✔ For Years 1-6
- ✔ Room: Oval

Why try out one of the fastest growing sports in Australia? Football or soccer is truly a world sport loved by fans all over the globe. Coaches will take the time to introduce students to the sport or provide drills and skills to improve established players, all in a supportive environment.


TRIALS AVAILABLE!
PLEASE CALL TO BOOK ONE IN



Scan or click the QR code to enrol online!

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- 🌐 www.kidsunlimited.com.au
- ☎ 1300 424 377



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MUSIC LESSONS

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Learn at your own pace and improve your skills in playing various instruments under the guidance of our expert musicians.



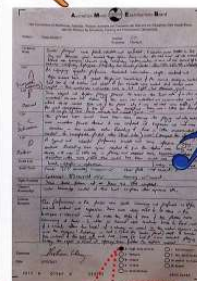
Elena's Piano Studio

Elena Goncharova

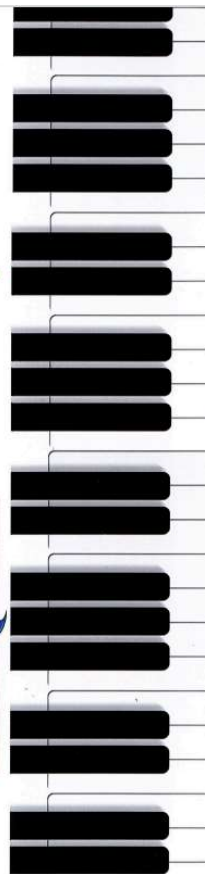
BMus, DipTch(Mus)
VMTA (Fully Accredited Member)

Piano and Theory Lessons

- Preparation for AMEB, VCE exams
- Preparation for piano competitions
- Tuition from beginners to advanced
- Variety of music styles
- Accompaniment services for concerts and exams, all levels.
- Tuition for adults



Ph: 95688533
Mob: 0422 347 750
Email: elenapiano07@gmail.com
Address: 120 Ferntree Gully Rd, Oakleigh East



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