

Thursday 25 May, 2023

## Dates To Remember

### TERM TWO

**Friday 26th May**  
Curriculum Day  
EXTEND closed

**Monday 29th May**  
Assembly 2.40pm

**Wednesday 31st May**  
Cross Country Division - Selected Students

**Thursday 1st June**  
Grandparents Morning 9.30 - 11am  
Open Day Tours 11.30 - 1.30pm

**Friday 2nd June**  
SDSSA Winter Round Robin

**Friday 2nd June**  
Year 2 Incursion - Hands on Science

**Friday 2nd June**  
Book Club **DUE**

**Wednesday 7th June**  
Year 2 Koala Reserve Excursion

**Wednesday 7th June**  
School Council - 7pm

**Friday 9th June**  
Year 3 Zoo excursion

**Monday 12th June**  
King's Birthday Public holiday

**Monday 19th June**  
End of Term Assembly - 9am

## Principal's Report

### CURRICULUM DAY TOMORROW

Just a reminder that we have a curriculum day tomorrow - no students at school. Due to the portable arriving, Extend felt that it posed too much of a risk to run care for tomorrow. Apologies for any inconvenience.

### NATIONAL SORRY DAY - RECONCILIATION WEEK

National Sorry Day is on this Friday 26 May 2023, and will be followed by National Reconciliation Week, from Saturday 27 May.

The theme for National Reconciliation Week 2023 is 'Be a voice for generations'. It encourages all Australians to be a voice for reconciliation in tangible ways in our everyday lives – where we live, work and socialise.



National Reconciliation Week is a time for all Australians to learn about our shared histories, cultures and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia.

Students will be decorating hand prints, watching some clips and listening to dreamtime stories and indigenous music.

### PRINCIPAL CONFERENCE - PEOPLE, PURPOSE, PASSION

Last week Carolyn and myself had the opportunity to hear from a range of guest presenters. Our first presenter was Mark Squirrell (recognised with an Order of Australia Medal) who talked about the challenges he faced as a leader in the Army and as an International Aid Worker across many countries. He spoke about the qualities needed to think well under pressure and communicate effectively with teams. He was truly inspiring.

We also heard from Dr Louise Mahler, an expert in body language and communication. She demonstrated strategies in how to create human connection through body language, voice and EI. Clare Desira, founder of 'Top Five Movement' talked about how to build a stronger mindset and Peter Sullivan helped us explore research informed strategies when teaching maths'. The above speakers were the highlight of the conference.

It was a jam packed few days, but well worth attending.

## **OPEN DAY - GRANDPARENTS DAY**

In celebrating Education Week this year, we will be hosting one of our favourite events - **Grandparents Day**. This will be held on Thu June 1st from 9.30am to 11am.

- 9.30-10.15am - Grandparents/Special people will be invited into the classrooms to complete activities together
- 10.15 - 10.45 - Taiko/Musical performances in Dream Space (weather permitting) or PAC if raining
- 10.45-11am - Tea/Coffee and Scones

Tours will be offered from 11.30am - 1.30pm. If you know anyone within our school zone who might be interested in enrolling, please let them know of our upcoming Open Day.



## **SCHOOL COUNCIL DECISION ON CAMPS**

At last week's School Council meeting, we discussed the increasing costs of camps and the financial pressures on families. As camps are a highlight of a students' time at school, we want to do everything we can to make it happen for our students. We discussed many options and decided that a tiered approach would be best. To reduce costs we will...

- Run two major fundraisers
- Add an additional \$1-\$2 onto incursion/excursion costs

These two actions will help to keep the costs of all camps to a minimum, whilst covering the increase in expenses. School Council will also be writing to the Education Minister to encourage our government to cover costs associated with the new teaching agreement.

## **ILLNESS**

We have been hit by a range of illnesses including but not limited to -covid, flu, stomach bugs, gastro. It has wiped out both students and teachers. We are encouraging students and staff to...

- wash and sanitise their hands regularly
- avoid touching their eyes, nose and mouth with unwashed hands
- cover their nose and mouth when they cough or sneeze

- stay home if unwell

Thank you for keeping your child at home if they are unwell. Like all workforces we are currently experiencing a shortage of staff - in our case emergency (CRT) teachers. We are doing our best to rework timetables, utilise extra teachers (including leadership) and replacing teachers where possible. However, sourcing CRT's has proven to be quite challenging over the past few weeks.

## **WET WEATHER**

It looks like winter has started early and settled in! Just a reminder to pack a spare set of uniform items in your child's bag - particularly if they like to play on the oval. We are also encouraging students to bring a spare set of slippers, that they can keep at school.

## **Let's celebrate...**

- Our Sustainability crew for their work on the garden beds and selling Rosemary after school. Thank you to Ketaki (Orian from 3D's mum) for donating the lemons that were also sold.

***Sharon Reiss-Stone***

Principal



MOUNT WAVERLEY  
**HEIGHTS**  
PRIMARY SCHOOL

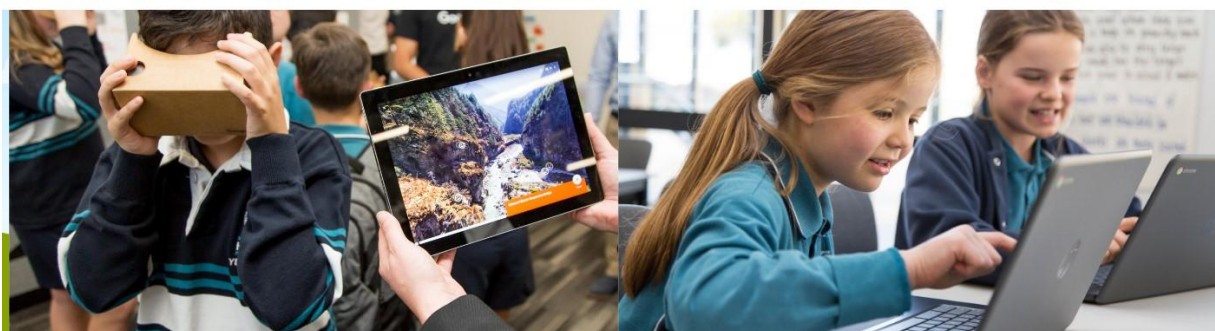
# OPEN DAY

1ST JUNE, 2023

**CONNECTING, CHALLENGING AND  
INSPIRING LEARNING!**

**DATACOM**

Google for Education



**RSVP - ☎ 9807 8120**





MOUNT WAVERLEY  
**HEIGHTS**  
PRIMARY SCHOOL

## School Tours Available

### Inspiring Innovation

Find out about ..

- the IT Beacon School Project
- how we inspire students to address global goals and take action
- how we incorporate 21st Century learning skills to enable our students to thrive in an ever changing world
- our 'Challenge' program
- our academic success
- our nurturing environment
- our fabulous specialist programs

See...

- our STEAM Program in action
- how we are providing our students with an edge



### MWHPS Learning Skills

Technology



Critical Thinking



Creative Thinking



Communication



Collaboration



Adaptable



Social/Emotional



# Assistant Principals News

Throughout 2023, our school will be working closely with The Resilience Project to support the wellbeing of our school community.

[The Resilience Project](#) delivers emotionally engaging programs and provides evidence-based, practical strategies to build resilience.

We would like to share The Resilience Project's Parent & Carer Hub with you. Here you will find a variety of information, videos and activities that outline the key pillars of resilience:

**Gratitude**, **Empathy**, **Mindfulness** and **Emotional Literacy**.

This program is an important part of our school's effort to look after the mental health of our community.

To view the Parent and Carer Hub, click on this link:

<https://theresilienceproject.com.au/2023-parent-carer-hub-engage/>

THE RESILIENCE PROJECT

Teacher Resource Hub

HOME ABOUT EDUCATION TRP@HOME EVENTS WORKPLACE SHOP APP CONTACT

## Parent & Carer Hub

Welcome! You've arrived at this Parent & Carer Hub because your child's school has invested in The Resilience Project's wellbeing curriculum – and we're pretty excited!

When supporting your children's mental health, we know the best outcomes happen when we **work together** and **practise**.

That's precisely where this hub comes in – to share the **simple, evidence-based strategies** being taught in the classroom so you can build on their impact at home. Don't worry, we know a lot of this will be second nature to you, however if you're interested to learn more and be inspired with additional ways to help your kids (and yourself) feel happier, we've got you covered.

Have questions or keen to know more? Check out our [FAQ page](#) for more

FAQ

*Carolyn Datson*

Assistant Principal



# Sustainability News

Our Sustainability group has been working very hard over the last couple of weeks to set up the garden beds ready for planting. In doing so, we have noticed that some of the beds need repairing before planting can begin. In order for these to be repaired, all of the soil needs to be moved away from the edges of the garden, something a bit beyond the students. We are looking to get some assistance from our parents to help complete this task.

If you are free next Monday 29th May between 2pm and 3.30pm and able to help, please complete the following form - <https://forms.gle/oU35bLj6CEzv3TMs7>.

Our Sustainability Leader, Miss Jordana Macpherson, will be on hand to guide and assist with what is needed.



## PE News



# PE NEWS



### In the 3-6 PE classroom

We have practiced our skipping this week and have been working on our run skipping and then stopping and jumping then continuing on. Students have been introduced to crossover this week. It has been great to see how the students have been persevering with their skipping even though they have found it challenging.

The year 3/4 students have used their Target skills to play a round of bean bag golf. Focusing on the target and working their way around the course. They have used different types of throws to see which one gives the the lowest score.

The year 5/6 students have worked on creating space during our modified games. We play piggy in the middle with 2 defenders, which forces students to find space.

### DIVISION CROSS COUNTRY

Next week we have 8 students that will take part in the Division Cross Country event. We wish these students good luck and look forward to hearing how they went.

### WINTER ROUND ROBIN YEAR 5/6

The Year 5/6 students have been practicing for our next interschool round robin. We will be competing in AFL, Kickball, Soccer Rounders, Netball and Volleystars. Our fingers are crossed for a great day out. If any year 5/6 parent is able to help out on the day please email me via Sentral.



# SRC News

Written by Neil, Zoe, Eryn

## RECONCILIATION WEEK

27TH MAY - 3RD JUNE

### WHAT IS RECONCILIATION WEEK?

Reconciliation week is about recognising and celebrating the traditional owners of the land, which are the Wurundjeri people. It's also about recognising and apologising to the first people of the land because we treated them badly for the last few hundred years. It includes celebrations and recognitions like Sorry day, which is one day before reconciliation week.

### ACTIVITIES THROUGHOUT THE WEEK:

- 1 DISCUSSING THIS YEAR'S THEME 'BE A VOICE FOR GENERATIONS'.
- 2 CREATING PAPER HANDS AS A SYMBOL OF COMING TOGETHER
- 3 READING STORIES WRITTEN BY INDIGENOUS AUSTRALIANS



## Premiers' Reading Challenge

Our school is excited to be once again participating in the Premiers' Reading Challenge this year. The Challenge is open to all Victorian children in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by 8th September 2023.

Students from Prep to Year 2 are encouraged to read or experience 30 books, including at least 20 books that are classified as Challenge books. Students from Year 3 to Year 6 need to read 15 books, including at least 10 Challenge books. All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and former Premiers.

To log in, go to the website [vprc.eduweb.vic.gov.au](http://vprc.eduweb.vic.gov.au). Click 'Sign In' then click 'VPRC login'. Each child has been sent home with their unique username and passcode. This will take you to your child's challenge dashboard. Here students will be able to search for and add books that they have read and track their progress.



Happy reading!

*Penny Fathers*

Reading Challenge Coordinator

## ICAS - Years 2 - 6

The International Competitions and Assessments for Schools (ICAS) is a skill-based assessment program which recognises and rewards student achievement. Students from over 20 countries participate in ICAS. As usual, MWHPS is offering testing in English, Mathematics, Science and Digital Technologies for students in **Years 2, 3, 4, 5 and 6.**



All students receive a certificate with merits, credits, distinctions and high distinctions being awarded to top performers. These competitions are completely optional and are in an online format. They will be conducted at school during class time within the date ranges listed below.

The cost of each competition is \$19.25. You will need to pay for the competitions you wish your child to complete via the online parent payment system. Please complete these payments by Friday 22nd July.

### Testing Dates:

**Digital Technologies:** 7 Aug – 11 Aug 2023

**English:** 14 Aug – 18 Aug 2023

**Science:** 21 Aug – 25 Aug 2023

**Mathematics:** 28 Aug – 1 Sept 2023

Please pay via the website <https://shop.icasassessments.com/pages/pps>

Type in the school's access code **XCH180**

*Callum Marini*

ICAS Coordinator



## Parents Association News

The PA would like to thank all the Mother's Day stall helpers. We hope you enjoyed it.

### **Calling for more PA members!**

We are looking for more people to join the Parents' Association.

The purpose of the PA is to help the school raise funds and plan fun activities for the students. We need more parents to come up with fundraising ideas and help organise events. We generally meet up a couple of times per term and divide the activities amongst us.

We would like to get fresh ideas and help so if you could make time to attend meetings or help organise occasionally then that would be great.

Please consider joining the PA as without the extra help, it makes it harder to do all the things we'd like for the school and our children.

If you're interested, then contact me directly: [itslisawong@gmail.com](mailto:itslisawong@gmail.com).

*Lisa Wong*

Parents Association President

# Around the Classes

## Year 1 Earth Crusaders Incursion!

The Year 1's had lots of fun learning about a serious subject - How can we protect our planet? They discovered how far food travels from a farm to our plate; how we can be more sustainable in our daily lives; and how to plant our own vegetables. Hopefully students can take away at least one sustainability tip, for example, giving up drinking straws.



## Lunch time Clubs

Activity	Day	Time
Basketball Club Year 3 - 4	Monday	recess
Art room for Art club all years	Monday	1st half lunch
Chess - run by Kids unlimited	Monday	lunchtime
Basketball Club Year 5 -6	Tuesday	recess
Sustainability members to take compost bags to the bins at lunchtime	Tuesday	1st half lunch
Music Club Years 4 - 6	Tuesday	1st half lunch
Taiko - Year 5 & 6	Wednesday	1st half lunch
SRC	Thursday	1st half lunch
Sustainability	Friday	1st half lunch

## Recycle your Bread bags!!

Send in your empty bread bags and place them in our Wonder Pink collection box. The more we collect, the more points we earn to redeem new sports equipment! Our Pink box is up in the school office.

**RECYCLE, EARN & PLAY**

**Our school is taking part in the Wonder Recycling Rewards campaign this term.**

Help us collect bread bags so we can earn points to redeem on new RHSports equipment.

It's simple! All you need to do is keep your empty bread bags and send them to school with your kids! We will then place them in Wonder's pink collection box and post them off to be recycled. The more we collect the more points our school earns!

**Collections close 7th July.**

**Tip for collecting:**  
Use one empty bread bag to collect a bunch of other bags.

**Did you know?**  
Last year, schools collected over **10 tonnes of soft plastic**, that's the weight of an elephant!

**LET'S GET COLLECTING!**

Includes early learning centres and pre-schools.

Tag @wonder.australia #wonderrecyclingrewards to share all your recycling champion stories!

**Wonder**  
Full of Goodness



# Extend News

## KIDS CLUB COMPETITION 2023

**INDIGENOUS ART AND AUSTRALIA'S NATURAL BEAUTY!**

EXPLORE THE RICH HISTORY OF INDIGENOUS ART BY CREATING YOUR OWN MASTERPIECE!

**COMPETITION DATES**

**Entries Open**  
Thursday 18 May

**Competition Closes**  
Friday 2 June

**ENTRY CATEGORIES**

**Individual Entry**  
Junior Entry: Grade 2 & under  
Senior Entry: Grade 3 & over

**Extend Group Entry**  
Combined effort for all children at an Extend service

**AMAZING PRIZES TO BE WON!  
OPEN TO ALL EXTEND FAMILIES!  
ENTER AT EXTEND.COM.AU**

**MOUNT WAVERLEY HEIGHTS PRIMARY SCHOOL** Monday 26 June to Friday 7 July  
8.00am – 6.00pm  
Session Fee \$90.95\*  
Pay from \$13.64 after CCS.  
\*Early Bird Rate – Book 14 days in advance.

Activity Incursion Excursion

**DISCOVER. LEARN. PLAY. WINTER**  
**EXTEND SQUAD**  
FANTABULOUS school holiday experiences!

**SPACE EXPLORERS**

<p><b>MONDAY 26 JUNE</b></p> <p><b>Build Your Own Space Helmet &amp; Rocket Launcher</b></p> <p>Do you want to be an Astronaut? Let's build your very own space helmet so you can go to the moon!</p> <p><small>*Session Fee Only</small></p>	<p><b>MONDAY 3 JULY</b></p> <p><b>Blubber Experiment &amp; Balloon Tennis</b></p> <p>Learn how animals with blubber stay warm even in the icy ocean water, using a simple science experiment!</p> <p><small>*Session Fee Only</small></p>
<p><b>TUESDAY 27 JUNE</b></p> <p><b>Trivia Gameshow</b></p> <p>With real-life buzzers, a game wheel to spin and ridiculous minute to win it challenges the kids will be belly-laughing on the floor screaming for more!</p> <p><small>*Session Fee + \$20</small></p>	<p><b>TUESDAY 4 JULY</b></p> <p><b>Sunscreen Handprints &amp; Indoor Hopscotch</b></p> <p>We can't see ultraviolet light with our eyes, but with this experiment you can see it in action!</p> <p><small>*Session Fee Only</small></p>
<p><b>WEDNESDAY 28 JUNE</b></p> <p><b>Plunge Painting &amp; Newspaper Towers</b></p> <p>Take a plunge into painting! Smock up, it'll get messy.</p> <p><small>*Session Fee Only</small></p>	<p><b>WEDNESDAY 5 JULY</b></p> <p><b>Bounce</b></p> <p>Bounce is the perfect playground to develop your freestyle tricks these school holidays!</p> <p><small>*Session Fee + \$14</small></p>
<p><b>THURSDAY 29 JUNE</b></p> <p><b>Laser Tag</b></p> <p>Gather your friends and put on your high-tech gear. Get ready to tag your opponents in a game of laser tag and then head to the arcade for even more fun!</p> <p><small>*Session Fee + \$48</small></p>	<p><b>THURSDAY 6 JULY</b></p> <p><b>Make A Galaxy Pinwheel &amp; Protect The Kingdom</b></p> <p>Hold the entire milky way in your hands by building a galaxy pinwheel!</p> <p><small>*Session Fee Only</small></p>
<p><b>FRIDAY 30 JUNE</b></p> <p><b>Skip To The Moon &amp; Dancing Raisins</b></p> <p>Do you have what it takes to become an Astronaut? Put your endurance to the test!</p> <p><small>*Session Fee Only</small></p>	<p><b>FRIDAY 7 JULY</b></p> <p><b>Space BrickWorks</b></p> <p>Aim for the stars as you build a space station, moon buggy or rocket!</p> <p><small>*Session Fee + \$25</small></p>

For FANTABULOUS FUN book your School Holidays at [extend.com.au](http://extend.com.au)

**DISCOVER. LEARN. PLAY. WINTER**  
**EXTEND SQUAD**  
FANTABULOUS school holiday experiences!

**SPACE EXPLORERS**

## STRAP YOURSELF IN FOR EXTEND'S GALAXY OF FUN!

Explore the far reaches of space with sci-fi and science themed incursions and excursions!

Have a blast with a variety of team games, science experiments and more at every service!

**CREATE THE GREATEST SOLAR SYSTEM FOR A CHANCE TO WIN AN INCURSION FOR YOUR SERVICE!**

**DISCOVER ENLDESS FUN THESE SCHOOL HOLIDAYS WITH EXTEND!**

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