

## Dates To Remember

### TERM ONE 2023

**Monday 6th March**  
Assembly - 2.40pm

**Wednesday 8th March**  
Sports Day at the Track - Whole School

**Monday 13th March**  
Labour Day Public Holiday - No School

**Wednesday 15th - Friday 17th March**  
Naplan Years 3 and 5

**Thursday 16th March**  
Light and Sound incursion Year 1

**Monday 20th March**  
Naplan Years 3 and 5

**Monday 20th March**  
Assembly

**Thursday 23rd March**  
School Nurse visits for Prep

**Friday 24th March**  
School Nurse visits for Prep

**Tuesday 28th March**  
Year 5 Immigration Museum Excursion

**Wednesday 29th March**  
Twilight Sports

**Thursday 30th March**  
School Nurse visits for Prep

**Friday 31st March**  
SDSSA District Athletics

**Thursday 2 March, 2023**

## Principal's Report

### ATTENDANCE

Well done to those who are getting their child to school on time. I understand that traffic has been pretty awful of late. So far this week we have more classes in the running for gold place (meaning less late arrivals = more learning)

1st place = PM, 1G, 1M

2nd place = 6M

3rd place = 2F, 3J

### SPORTS DAY AT THE TRACK

Next Wed we have our very first school sports day at Duncan Mackinnon Reserve. Students need to be **wearing a house colour t shirt** (Blue, Red, Yellow or Green) and their sports uniform shorts. Students may wear house coloured socks and hair ties too, if they wish.

Thank you to all the parents who have volunteered to assist on the day. Many hands make a great difference.

P-2 aths activities will run from 11.30-1

Yrs 3-6 activities will run from 10.30-2.30

P-2 students will have their play lunch and lunch at school but will bring their brain food and water bottles with them. Classroom teachers will organise students to bring these to the track.

Years 3-6 will need to bring their play lunch, lunch and drink bottle in a backpack.

Parents are invited to come along to watch and cheer the students on.

### **MULTI-CULTURAL DAY CELEBRATIONS**

We will be running our first big multi cultural day celebration on Thu April 6. We are encouraging students to **come dressed in clothes that represent their culture and heritage on this day**. Students will participate in a range of activities from different countries/cultures. These countries have been selected based on our communities' make up. We have also selected countries from different continents and looked at a range of organisations to help contribute in making it a great day.

The community sub committee, of the School Council, is assisting with the day's organisation, but we do need your help. We are looking for the following....

- People who would like to assist with a Greek dancing activity
- Are there any henna artists within our community?
- Are there any groups in our community who would like to perform during our lunch break in front of students and parents? e.g. Dancing, singing, etc

If you are able to help, please either email/phone the school or send me a Sentral message.

### **MUSIC TEACHER**

We have hired a music teacher! Woo hoo! Tessa Canning will be joining our team shortly. Tessa not only has a teaching and music degree but plays a variety of instruments herself. Tessa will be coming in this week to plan with Claire Furlong and will begin taking lessons from next week.

### **STUDENT TOYS**

Just a reminder that we encourage students not to bring any valuable toys and items to school. We cannot take responsibility for them. Pokemon cards are particularly popular at the moment. As with all fads, they have positives and negatives. The positives is that it brings kids together that share a similar passion, it teaches sharing and resilience. The negative is that it can become overwhelming and some students take advantage of younger/other students. We have banned Pokemon cards for Prep & Year 1 students, as they can easily become upset or overpowered by others. Year 2 - 6 may bring Pokemon cards to school (at the moment) but they will be banned if students are fighting over cards and it is becoming an issue.

### **PORTABLE**

Whilst the DET has allocated a portable we are currently waiting for the gas company to disconnect our gas and move the outlet. At the moment, this is what is causing the delay.

### **CLASS AWARDS**

Congratulations to all our award winners from last weeks assembly

Prep D - Selina C & Owen H	2E - Emma R & Patrick K
Prep K - Reina T & Harry D	2F - Rachel B & Hunter L
Prep M - Alexandra S & Sully P	2T - Sammy P & Aleah L
1D - Ethan H & Ava C	3D - Siddarth K & Zoe D
1G - Eko C & Adithi W	3J - Kimberly L & Romeo Z
1M - Victoria W & Ari R	3M - Logan S & Felix H

4K - Ryan B & Zara M  
4R - Jess W & Jayden G  
5D - Caitlin W & Joseph P

5S - Riza E & Jada T  
6M - Owen M & Emma H  
6V - Jayden K & Angel P

Specialist awards:

Art - Zoe A & Beau J

Japanese -Xavier S & Kimberley L

Music - Alina N

PE - Maxwell L, Charli M & Kivain E

### **CLASSROOM CONTACT LISTS**

Just a reminder to contact Julie if you would like to be added to the classroom contact list.

### **Let's celebrate...**

- The procedure and processes in place for a smooth evacuation practice today. Well done to all!
- Our Captains for running House competition activities at lunchtime for Year 3/4s. We look forward to seeing the results at assembly on Monday
- International Women's Day this coming weekend. Thank you to all the wonderful and inspiring women in my life.

***Sharon Reiss-Stone***

Principal

# Assistant Principal's Report

## ARRIVING AT SCHOOL

Student safety at Mount Waverley Heights PS is our highest priority and the safe and appropriate supervision of students is an important element of our duty of care to students. Part of this duty is ensuring parents and students are aware of our student supervision arrangements before and after school.

**Before school:** School grounds are supervised at 8:45am. **After school:** School grounds are supervised until 3:45pm.

Students on school grounds outside these times will **not** be supervised (unless they are attending a before or after school care program or supervised extracurricular activity). Parents/carers are requested to ensure that students do not attend school outside of these supervised times unless they are attending before or after school care, or a pre-arranged supervised activity (i.e. sports practice).


Families are encouraged to contact Extend on 1300366437 or refer to [www.extend.com.au](http://www.extend.com.au) for more information about the before and after school care facilities available to our school community or if you would like any further information about our student supervision arrangements.

## WELLBEING

Last week, I mentioned the department's booklet of activities and conversation starters for parents of primary school-aged children.

This week I will highlight one of the strategies: Understanding Emotions.


Understanding emotions helps your child to understand themselves and others. We do this by focussing on recognising, expressing and managing emotions. Understanding our emotions is key to building empathy and self awareness. These are examples of P - 2 activities.



**Understanding emotions**

**Goal:** Understanding our emotions.

**Activity:** With your child, name the different emotions that characters in your favourite TV show or story book are feeling. How many can you name? Ask: *How can we work out what emotions other people are feeling?*



**Understanding emotions**

**Goal:** Understand our emotions.

**Activity:** Play emotional charades with members of your family. Each person acts out an emotion and family members guess the emotion/feeling.

**Goal:** Understand situations that can trigger different emotions.

**Activity:** Your child asks a family member how they would feel if:

- They were starting a new school or job
- Their friend had told everyone a secret they shared with them
- They had won a prize.

<https://www.education.vic.gov.au/Documents/parents/family-health/parents-wellbeing-activities-primary.pdf>

**Carolyn Datson**  
Assistant Principal

# JMSS

We went into the lab room and started by writing what came to mind at the thought of chemistry, for example, elements and molecules. Then we started looking at acidic and basic liquids. We also saw that if the pH is lower than 7, it's acidic, and if it's higher than 7pH, it is basic, and if it's 7pH, it is neutral, but then the fun begins.

We were making liquids to see if they were acidic or basic. We boiled a hundred mL of water, and then added pieces of red cabbage, and it turned out blue. Then the year tens gave us eight test tubes, and we filled them each with a different liquid, and labelled them. We had to estimate the pH level, and then test to see if our predictions were correct. We got six out of eight, which can be rephrased as three quarters.

Then it was time to go home. We had a good time and we learned a lot from the session. I would rate it a 10/10!

By Angel

*Today at John Monash we were in awe of what we were doing. IT WAS CHEMISTRY, my favourite type of science! Everyone in our group was really enjoying it!*

*First we boiled some "red" (it was purple) cabbage which turned white and for some reason then turned green. Anyway the purple colour drained and WE HAD **BLUE** LIQUID we were puzzled and amazed. We poured some of the liquid in sodium hydroxide which I think was pink, and we poured some into milk. When we poured it into the sodium hydroxide it turned into a lovely lavender colour! My favourite was when we poured some into the milk. It turned into a beautiful colour of a nice sunset. (It really looked tropical!)*

By Junsu

## PA News

### Volunteers required for Twilight Sports on Wed, 29 March

The twilight sports is a whole school community event, where students and their families are all welcome to come and have a fun evening together.

The Parents' Association (PA) will be running a BBQ on the night to fundraise for the school and is looking for volunteers to help out. If you could spare an hour of your time that evening then please complete the sign-up sheet link: <https://volunteersignup.org/XYQ99>.

The PA will be in touch nearer the time.

### Easter Baskets/ Raffle Tickets

Easter is only a few weeks away and it's Easter raffle time!

We are asking each family for donations to make up Easter Baskets for the raffle.

Please donate to this Fundraiser as the more donations we have, the more prizes there will be.

Donations can be left in the big box in the office.

Stay tuned for more information

Happy Easter Everyone!

From the Parents Association





# Icy poles!

For  
graduation

Icy poles will be sold  
every Thursday lunch time  
for 1 dollar each at the  
PAC! All the money will go  
towards graduation.

how you  
can pay:



or



BY LAUREN :)

# Extend News

## JOIN US FOR TERM 1 AND MAKE EXCELLENT MEMORIES WITH EXTEND!

Extend is the home of unforgettable fun and fantastic adventures!

Join Extend for a group game of Bingo; where friendships are easily formed and smiles are guaranteed.

Have a spoonful of creative excitement by making your very own crafted spoon characters!

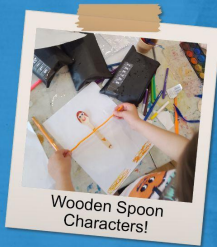
The fun you'll experience at Extend will be one for the scrapbooks, so come join us today!



Drawing and Painting!



Group Bingo!



Wooden Spoon Characters!



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Find out more about this exciting new opportunity for your family with The Reading Switch at [extend.com.au/the-reading-switch](http://extend.com.au/the-reading-switch)



PACK YOUR BAGS, THE AUTUMN HOLIDAYS ARE TAKING OFF SOON!

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- Amazing indoor and outdoor activities
- Smiles and fun with all your friends

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Book 14 days in advance to receive the early bird rate.

For FANTABULOUS FUN book your School Holidays at [extend.com.au](http://extend.com.au)

AROUND THE WORLD  
DISCOVER. LEARN. PLAY. AUTUMN  
**EXTEND SQUAD**  
FANTABULOUS school holiday experiences!

**MOUNT WAVERLEY HEIGHTS PRIMARY SCHOOL**


Tuesday 11 April to Friday 21 April  
8.00am – 6.00pm  
Session Fee \$82.70\*  
Pay from \$12.41 after CCS.  
\*Early Bird Rate – Book 14 days in advance.

Activity Incursion Excursion

<p><b>Monday 10 April</b></p> <p>PUBLIC HOLIDAY</p>	<p><b>Tuesday 11 April</b></p> <p><b>Mad About Science</b></p> <p>An awesome combination of crazy chemical reactions and mad science fun. Make a bag mysteriously self-inflate, launch a chemical rocket and explore the magic of dry ice.</p> <p>*Session Fee + \$20</p>	<p><b>Wednesday 12 April</b></p> <p><b>Tacos &amp; Cup Stacking</b></p> <p>Did you know tacos can be filled with any ingredients? Let's celebrate the Mexican culture by making delicious tacos! Take home a recipe to share with family or friends!</p> <p>*Session Fee Only</p>	<p><b>Thursday 13 April</b></p> <p><b>Melbourne Museum</b></p> <p>Enjoy a world of museum experiences, family moments, cultural moments, learning moments and playful moments.</p> <p>*Session Fee + \$39.50</p>	<p><b>Friday 14 April</b></p> <p><b>Australian Animal Clay &amp; Freeze Dance</b></p> <p>Come along and make your own super cute Australian animal out of clay. What animal will you make?</p> <p>*Session Fee Only</p>
<p><b>Monday 17 April</b></p> <p><b>Ball Sports &amp; Volcano Experiment</b></p> <p>Basketball? Football? Soccer? Tell us your favourite ball games and we will be sure to play them!</p> <p>*Session Fee Only</p>	<p><b>Tuesday 18 April</b></p> <p><b>Hip Hop Party</b></p> <p>Learn some of the latest hip hop moves to your favourite hit songs combined with a disco event.</p> <p>*Session Fee + \$20</p>	<p><b>Wednesday 19 April</b></p> <p><b>Melbourne Zoo</b></p> <p>Join us to visit the majestic wildlife from Australia and around the world! Come along to see the koalas, giraffes, tigers and elephants and so much more!</p> <p>*Session Fee + \$39.50</p>	<p><b>Thursday 20 April</b></p> <p><b>Leaf Rubbings Art &amp; Yoga</b></p> <p>Become one with nature with the power of art! Create your masterpiece using leaves and crayons!</p> <p>*Session Fee Only</p>	<p><b>Friday 21 April</b></p> <p><b>DIY World Flag Garland &amp; Cup Stacking</b></p> <p>Learn about new cultures in style! See how many flags you can create from around the world!</p> <p>*Session Fee Only</p>

For FANTABULOUS FUN book your School Holidays at [extend.com.au](http://extend.com.au)





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APPARATUS - GAMES  
TEAMWORK - FUN  
PERFORMANCE



**TINY TOTS (3-5 YEARS)\***  
SATURDAYS 9:45 - 10:45AM

**TINIERS (7 YEARS & UNDER)\***  
SATURDAYS 9:15 - 10:45AM

**SUBBIES (10 YEARS & UNDER)\***  
SATURDAYS 11AM - 2PM

**JUNIORS (13 YEARS & UNDER)\***  
WEDNESDAYS 5 - 8PM

\*AGE AS AT 31 DECEMBER 2023

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Over the rest of Term 1

## TOP HIT TENNIS COACHING

Mayfield Park Tennis Club  
34 Mayfield Drive, Mt. Waverley

Prices

Group 30min session: \$19  
Semi 30 min session: \$25 (2 on court)  
Private 30min session: \$45

Fun and fitness with some tennis skills, games and matchplay.

Tennis Australia CLUB PROFESSIONAL

CONTACT: Brad Hasler on 0417 327 880 or brad\_hasler@yahoo.com.au

**Bring out the best in your child with singing.**



Enrolments for 2023 with the **Australian Youth Choir** are now open to boys and girls from 8 years of age.



A great opportunity to develop singing, build confidence, self-esteem and make new friends in 2023.



Weekly rehearsals in Canterbury during school Term with concerts included in the year.

**AUDITION NOW FOR 2023**  
**EMAIL OR CALL TO LEAVE MESSAGE**

[office2@niypaa.com.au](mailto:office2@niypaa.com.au) or 98362877

**Take your child's singing from the shower to the stage!**

Visit our website [www.niypaa.com.au](http://www.niypaa.com.au)

The Australian Youth Choir is a division of National Institute of Youth Performing Arts Australia (NIYPAA)  
ABN 28 007 124 629

**TWILIGHT CARNIVAL 2023**

**SATURDAY 4TH MARCH**  
**2PM-9PM**  
Malvern Valley Primary School  
Abbotsford Ave, Malvern East

**FEATURING**

RIDES | MUSIC & ENTERTAINMENT  
FOOD TRUCKS | BEER & WINE  
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ARCADE GAMES | SILENT DISCO  
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