

## Dates To Remember

### TERM TWO 2022

**Friday 13th May**  
SDSSA Winter Sport round 3

**Monday 16th May**  
Assembly 2.45pm - parents welcome

**Tuesday 17th May**  
Naplan - Numeracy

**Friday 20th May**  
Curriculum Day

**Friday 20th May**  
SDSSA Cross Country - Jells Park

**Monday 23rd May**  
Curriculum Day

**Wednesday 25th May**  
Year 2 Earth Crusaders Incursion

**Friday 27th May**  
SDSSA Winter Sport round 4

**Monday 30th May**  
Assembly 2.45pm - parents welcome

**Wednesday 1st June**  
**OPEN NIGHT** - All welcome

**Tuesday 14th - Friday 17th June**  
Year 5/6 Camp

### TERM THREE 2022

**Thursday 8th September**  
Whole school Production

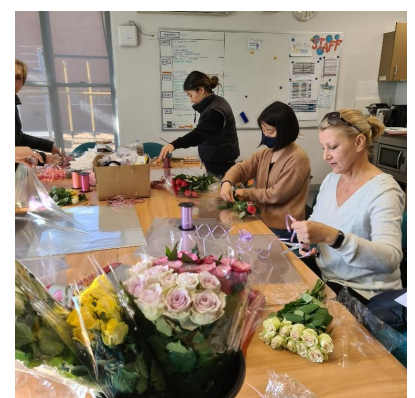
**Thursday 12th May, 2022**

## Principal's Report

### MOTHER'S DAY

A huge thank you to Yael Evans for organising a beautiful Mother's Day activity for the children last week. Thank you also to the class reps and to all our parent helpers for assisting in class. Thank you to our group of busy bee parents who wrapped over 350 roses! And finally thank you to Louise in the office, for purchasing items, organising class boxes with all the materials, picking up flowers and distributing everything across the school- we couldn't have done it without everyone's assistance.

We hope all the women in our children's lives had a wonderful day!





## P-2 MOTHER'S DAY MORNING

WOW - what a turn out! We loved hosting our P-2 mums/special women to this event. We started out with yummy scones for breakfast, year level performances and followed up with classroom activities. It was definitely an event to remember!



### **ELECTION DAY STALL.** From Anna and Jo

Can you work a BBQ? Can you bake? Do you like meeting new people? Do you like to feel part of the Community? Do you need to vote?

If you answered yes to only one of the questions above (or even if you didn't!) then we would love you to volunteer to help in the Mount Waverley Heights Election BBQ and Cake Stall fundraiser on Saturday 21 May! This is a great opportunity to meet your school community, make new friends and really help the school to improve its grounds and provide valuable resources for your child's education.

Information has been sent to parent volunteers containing everything you need to know and a form to complete detailing how you can be part of this exciting day can be accessed from the link below - and I am not talking about the politics! Register with a friend. Get a group together or just come along and meet some great new people.

[MWHPS Election Day BBQ and Cake Stall - volunteer registration form \(google.com\)](#)

Please reach out to your class parent representative if you are not on the contact distribution list but wish to be involved in any way. We are hoping to gather six volunteers for each two-hour block throughout the day (starting from 7am set up) to be involved in the cooking of the BBQ and serving either from the BBQ or cake stall.

Cannot make the day but wish to be involved? All donations for sweets and baked goods are welcomed, please ensure your donation is pre-packaged and contains a list of all ingredients.

Looking forward to seeing you all there!

### **NAPLAN**

Well done to all our students for getting through all the English assessments this week. Next week there is only one test!

Tues May 17 - Numeracy

Wed - Thu - NAPLAN catch up for any students absent

### **CROSS COUNTRY**

Congratulations to the following students who have qualified to represent our school at the SDSSA Cross Country event on Friday May 20th. Wishing each of you all the very best.

Amelia B (3M), Zoe P (5/6C), Rishita S (4K), Damien Y (3D), Jacob L (3M), Josh D (3M), Vinudi R (5/6C), Sophie R (5/6C), Nela J (5/6M), Philippe M (5/6C), Owen M (5/6M), Robert H (5/6D), Stephanie N (5/6D), Lucia B (5/6C), Savva P (5/6D), Bradley C (5/6D), Taha G (5/6D).

Unfortunately, due to the SDSSA changing event days, this activity now clashes with our Curriculum Day. Mrs Black and Mrs Furlong will be attending the event with all the above students. Mrs Black has sent out information to these families.



## CURRICULUM DAYS

Just a reminder that we have two curriculum days coming up. OSHC will be available on both days.

- Friday May 20 (Curriculum Day with consultant Misty Adanoi)
- Monday May 23 (Curriculum Day for Professional Practice Day)

Please note that students will not be at school on these days (unless attending OSHC).



**PUPIL FREE DAYS  
FRIDAY 20 MAY & MONDAY 23 MAY  
BOOK NOW!**

Dear Families,

Extend is offering pupil free days at Mount Waverley Heights Primary School on **Friday 20 May and Monday 23 May**.

Your kids will enjoy jam-packed days full of laughter and a variety of exciting activities!

Click [here](#) to book now and secure your spots!

**Book Now!**

## AUSTRALIAN EDUCATION ADVISORY BOARD (AEAB)

Last year I was asked by Google to be part of their 'Australian Education Advisory Board'. The AEAB is made up of educators across Australia that represent a range of Education Departments, Universities and schools both in the private, public and Catholic systems. This team will meet four times a year to discuss, reflect and propose new educational reforms.

Early in the year we met online to develop an understanding of each other's work, cutting edge practices and new google products. On Tuesday we met to discuss future thinking in education. What could education look like in the next 20-50 years? A range of possible scenarios were discussed.



Some scenarios were really difficult to comprehend e.g. education with no schools or teachers! However, all were thought provoking with many questions and deep reflections shared. Whilst the future cannot be predicted, it was fantastic to deep dive into different ideas, to help gain an understanding of what we might need to put into place to equip our students with future ready skills. We desperately need to have these conversations, if we want to be at the forefront of education.

## **WEDDING BELLS**

Congratulations to Callum and his fiancée Zoe who will be getting married this weekend. Wishing them a lifetime of love and happiness!



### **Let's celebrate...**

- Mr Marini - For finally tying the knot!
- All the students who qualified for the SDSSA Cross Country event

***Sharon Reiss-Stone***

Principal

# Assistant Principal's Report

This week's presentation from [The Resilience Project](#) focuses on Gratitude.

**Gratitude is paying attention to the things that we have right now, and not worrying about what we don't have. We practise this by noticing the positives that exist around us.**

Research shows that practicing gratitude rewires our brains to overcome the negativity bias (which can lead to anxiety and depression) and see the world for what we are thankful for. It is also shown to broaden thinking, and increase physical health through improved sleep and attitude to exercise.

**View Part 2 of the series here - Gratitude** <https://theresilienceproject.com.au/parent-and-carer-hub-hugh/>

There are many ways in which you can practise gratitude, including starting a [Wellbeing Journal](#). In the image below are a few ideas to get started.

Source: [Psychology Today](#)

For mental health resources and support information, visit [The Resilience Project's Support Page](#).

## The Education Team

The Resilience Project

(03) 9113 9302 (option 1)

[education@theresilienceproject.com.au](mailto:education@theresilienceproject.com.au)

[theresilienceproject.com.au](https://theresilienceproject.com.au)



*Carolyn Datson*

Assistant Principal



# Second Hand Uniform Shop

## Did you know you can purchase 2<sup>nd</sup> Hand Uniforms at Mount Waverley Heights PS?

The 2<sup>nd</sup> hand uniform shop provides a valuable service to our school community, and to the environment. If your child/ren have outgrown their uniform and don't have siblings to pass them on to, please consider donating them to the 2<sup>nd</sup> hand uniform shop where they can be purchased at a heavily discounted price by other families in our community.

Simply send your clean items to school with your child where they will be sent to the office via the class tub each morning.

### To Donate Uniform Items:

- Send items to school via the tub system or, drop them into the office
- All donated items should be freshly washed and in good condition
- Items should be free from stains, rips and tears
- Items should not be missing buttons and zips must work

### To purchase 2<sup>nd</sup> hand Items:

- All items for sale are \$10 each
- Join the Mount Waverley Heights Primary Community FB page:  
<https://www.facebook.com/groups/2926654220921706/>
- View the weekly post showing all available items
- Comment on the post if you would like to purchase – Child name/class/item/size
- Make payment via:
  - Bank Transfer (contact the school office and details can be given), use your child's name and class as reference.
  - Cash payment (correct amount please, no change given) in an envelope in the Tub. Include name and class on the envelope.
- Payments must be received by school no later than Thursday each week.
- Purchased items will be sent home with your child each Friday.
- Items not paid for by Thursday will be returned to the available list for the following week.

# Lunchtime Clubs

Lunchtime clubs will commence week 3. Come along and learn some new skills or practice some old ones.

## Basketball Club

When: Every Monday first half of lunch

What: This term will be try-outs for a basketball competition. There will be mixed teams to compete, a 3/4 team and 5/6 team.

Who: Alternating weeks of 3/4 and 5/6 and anyone can join

Mr D's basketball club will focus on getting everyone involved in lunchtime physicality and team building skills. It will encourage students to stay active during the day and also help them improve basic skills such as dribbling, passing and shooting.



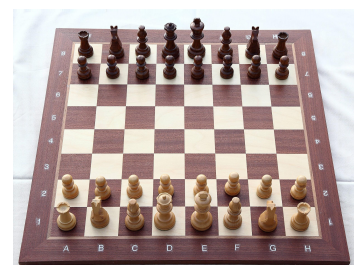
## Chess club

When: Every Friday first half of lunch

What: Chess games and learning how to play

Who: one-week beginners, second week intermediate and advance

We will be learning how to play the game of chess, new moves, and have fun playing against each other.



## Yoga Club

When: Every Tuesday first half of lunch

What: Yoga

Who: open to everyone

Mrs Loria will teach you different shapes and games using balance as well as learning to focus and calm down with our breath.



## Girls AFL Skills Club

When: Every Thursday first half of lunch

What: Kicking, handballing and marking skills and activities. The aim of the club is to support girls to gain confidence in a safe environment, in a sport they may not have had the opportunity to try.

Who: Girls in Years 4,5 & 6





## Kindergarten Open Nights



**Kindergarten OPEN NIGHT**

The Kindergarten Open Night is a great opportunity to explore your local kindergartens, speak to the teachers and discuss the quality programs on offer at kindergartens in Monash, prior to finalising your group selections for 2023.

**Date:** Thursday 26 May 2022

**Time:** 5.30pm - 7.30pm

**Cost:** FREE

Please note only kindergartens participating in the central enrolment process will be open on the night.

A full list of kindergartens registered for central enrolment can be found at: [www.monash.vic.gov.au/Kindergartens-in-Monash](http://www.monash.vic.gov.au/Kindergartens-in-Monash)

**CITY OF MONASH**

**Nara Preschool**  
2 Stanley Avenue Mount Waverley

## St Luke's Uniting Kindergarten Open Night

Enrolments now open for 3- and 4-year-old kindergarten for term 1, 2023.



Come and meet our team and tour our centre!

Thursday 26<sup>th</sup> May 2022

5.30pm – 7.30pm

94 Essex Street, Mount Waverley 3149

Call us  
03 9807 9710

Learn more  
[earlylearning.unitingvictas.org.au](http://earlylearning.unitingvictas.org.au)

**Uniting**

## Extend News



Competition closes on Friday 3 June 2022

## WHAT IS THE FUTURE OF TRANSPORTATION?

Flying cars?  
Teleportation?  
Hover Boards?

## LET YOUR IMAGINATION RUN WILD!

**ENTER ONLINE TODAY!** Visit [extend.com.au](https://extend.com.au) to enter!  
There are plenty of prizes up for grabs!





# Monday Morning Meet

If you'd like to meet other MWHPS  
parents for a chat and a coffee,  
please join us on Monday mornings  
in the PAC, straight after the bell.  
Preschoolers welcome, there are  
toys to share.



## RECYCLE YOUR OLD PENS AND MARKERS WITH US!

In conjunction with Officeworks our sustainability team has started a new initiative to recycle old pens and markers. Students and families are able to bring in their old pens and markers and place them in the collection bin in the office. These will then be recycled and kept out of landfill. Items that can be recycled include highlighters, pens and markers/textas.





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To a child a book is not just a book; it's a  
journey to wherever their imagination wants to take them.

The Lions Club of Wheelers Hill invites you,  
as parents, to take your children on a journey  
of excitement to their Book Sale at Caribbean Park,  
Off Ferntree Gully Road, Scoresby on  
21st and 22nd of May.

There will be 100's & 100's of books for  
children of all ages, from infants through to  
teenagers.

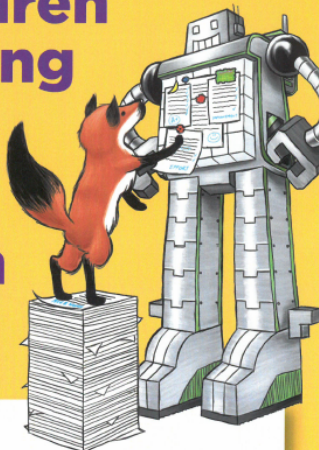
All of our books are in excellent condition  
with many being new or near new.

Prices for these books range from \$0.50 to  
\$2.50 and the doors will open at 8.00am on  
Saturday and at 9.00am on Sunday.

Oh yes, we also have 1000's & 1000's of books for adults as well.

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are amazing  
already.**

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prove it.**



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**Australian Youth Choir** are  
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The Australian Youth Choir is a division of National Institute of Youth Performing Arts  
Australian (NIYPAA) ABN 28 007 124 629