

## Dates To Remember

### TERM ONE 2022

#### Friday 4th March

Year 4 Ceres excursion 9am - 3pm

#### Monday 7th March

Assembly 2.45pm

#### Monday 14th March

Labour Day Public Holiday - NO SCHOOL

#### Wednesday 16th March

Twilight Sports - whole school  
PA Community BBQ at Sports

#### Wednesday 16th March

Book Club orders DUE

#### Thursday 17th March

Challenge Program

#### Friday 18th March

Year 2 Excursion Ceres

#### Monday 21st March

Assembly 2.45pm

#### Monday 21st - Friday 25th March

School Nurse in for Prep visits

#### Thursday 24th March

Year 1 Light and Sound Incursion

#### Thursday 24th March

Challenge Program

#### Tuesday 29th March

Year 5/6 Immigration Incursion

Thursday 3rd March, 2022

## Principal's Report

### THINKUKNOW CYBER SAFETY STUDENT SESSION

'Think U Know' student cyber safety program kicked off this week for Years 3-6 students. It is such a valuable program that helps students understand that a digital footprint never goes away, how to remain safe and what to do if you are bullied or receive unwanted messages.



### SCHOOL FEES

Whilst all contributions are voluntary, the ongoing financial support of our families ensures that our school can offer the best possible education and support for our students. It has also allowed us to provide additional support and extension programs and enhanced digital learning opportunities.

Mount Waverley Heights Primary makes every effort to keep the cost of items and activities to a minimum and affordable for all parents. On behalf of the School Council we request your support in providing a quality education for all students by paying these contributions, if you haven't already done so. Payment Plans are also available to families and can be individualised to support families in managing their financial contribution. Please do not hesitate in discussing this with myself or Louise up at the office.

## SCHOOL COUNCIL ELECTION

Counting of the ballot took place this afternoon and all candidates will be notified of the outcome tomorrow. On Monday March 7, the school will post a list of successful candidates to the broader community. A huge thank you to all candidates and to everyone who voted.

## TWILIGHT SPORTS - 5pm - 7.30pm

Twilight sports is just around the corner. It is a fun community event that celebrates and promotes unity through sporting activities. We are encouraging families to dress in their child/children's house colour. **Sausages, drinks and Quelch icy-poles will be available to purchase.** Thank you to parents who have volunteered to cook and sell items. If you are able to help on the night please fill in the google form - <https://forms.gle/tn7zA2EeE9kYp5t19>

However, feel free to pack a picnic (bring picnic rug, chairs, drinks, food, etc) and join in the fun. Students will rotate around a variety of sporting activities and earn points for their house. At the end of the night we will be able to announce the Twilight Sports winners!



# Twilight Sports Community BBQ



5-7.30pm

Come and join us for our first Community event for 2022, the twilight Sports and community BBQ.



The Parents Association will be selling sausages in bread, cold drinks and Quelch icy poles.

All money raised assists the PA in helping the school fund Playground upgrades, the sensory garden and other needed resources around the school.

The BBQ will commence at 5pm and we encourage families to bring along a picnic rug, chairs and some salads. Events will commence at 5.30pm

### Prices -

Sausage in bread - \$2.50

Bottled water (250ml) - \$1

Quelch Icy Tubes - \$1

Families can pay by card or cash!



## **CLASS LISTS**

Last year we provided class lists with contact details for parents, so that they could arrange playdates, dinner or a coffee with other parents. These will be distributed once again for those parents who agreed to have their details shared. If you didn't fill in the form last year, but would now like your name and details on the class list, or your contact details have changed, then please contact Julie up at the office. Prep parents received a link to fill in their details on Monday via Sentral.

## **COVID UPDATE**

- Parent helpers are required to be triple vaccinated
- Masks must be worn by all adults and children in Years 3-6 when indoors.
- No need to QR code in. But parent helpers and visitors are required to sign in at the office.

## **HAIR**

Just a reminder that long hair (hair below the shoulder) should be tied back. This prevents accidents when children are playing and reduces the risk of head lice. Boys with long hair also need to tie their hair back.

## **ASSEMBLY**

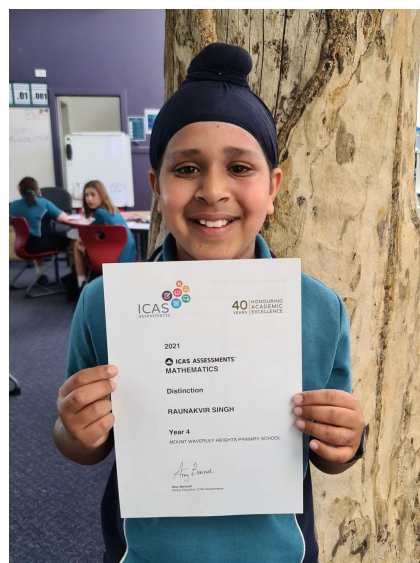
Our next assembly will be held on Monday 7th March. Parents are welcome to attend assembly but will need to sign in at the office and provide evidence of their vaccination status. If you are unable to join us in person and would like to watch online, the link is [meet.google.com/exu-vorq-zvh](https://meet.google.com/exu-vorq-zvh)

## **MY THOUGHTS**

Thinking of all those in NSW and QLD who are dealing with severe flooding, loss and damage. To all our Ukraine and Russian families - may peace reign. Hoping that your families and friends are safe.

## **Let's celebrate...**

- Raunak S for achieving a Distinction for Mathematics in ICAS. Apologies for missing your award!
- Awesome 'Think U Know' student sessions



- **INTERNATIONAL WOMEN'S DAY**

Next Tuesday is International Women's Day. Let's celebrate all the women in our lives that inspire, support and campaign for change. Thank you to our mothers, grandmothers, aunts and friends that support and make our lives better.

BREAK THE BIAS#

Imagine a gender equal world.

A world free of bias, stereotypes, and discrimination.

A world that is diverse, equitable, and inclusive.

A world where difference is valued and celebrated.

Together we can forge women's equality.

Collectively we can all #BreakTheBias.



**Sharon Reiss-Stone**

Principal

# Assistant Principal's Report

## WELLBEING

The Education Department website has a great wellbeing page, including a booklet on wellbeing activities and conversation starters for parents of primary aged children. There are a range of activities that can help build and maintain your child's wellbeing. Most of them are short and require very few materials. The activities cover six key elements that are important to wellbeing. There are also activities that focus on positive thinking and gratitude, as well as breathing exercises that promote calm.

### Six key elements that are important to wellbeing



The six elements important to wellbeing are:

- understanding emotions
- personal strengths
- positive coping
- problem solving
- stress management
- help seeking

**Carolyn Dalton**

Assistant Principal



## Sport News

### Twilight Sports

Our whole school community event this term will be the Twilight Sports. This will be held on Wednesday 16<sup>th</sup> March between 5:00pm -7:00pm. With events running from 5:30 - 7:00pm. It will involve students competing in running races, hurdles, discus, javelin, relays and novelty races in their house teams. Students will spend some class time going through these different events so that they know what to expect on the night. There will also be activities for the parents to get involved in too!

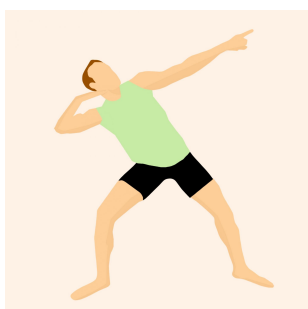
Families are welcome to arrive from 5:00pm to have a picnic prior to the events. Each student has a designated house and it is suggested that students wear their house colours on the night.

**The PA will be running a sausage sizzle, with drinks and Quelch icy poles also being sold on the night.**

If you have any further questions or queries please don't hesitate to ask me.

Thanks

Mrs Kate Black





Year 6 Fundraiser Term 1

# ICY POLES FOR GRADUATION

EVERY THURSDAY AT  
LUNCH TIME THE  
YEAR 6 STUDENTS  
ARE SELLING  
ZOOPE DOOPERS/  
QUELCH  
FOR \$1 AT THE PAC.

ALL MONIES RECEIVED  
WILL GO TOWARDS  
THE 2022  
GRADUATION  
ACTIVITIES.

# Monday Morning Meet

If you'd like to meet other MWHPS  
parents for a chat and a coffee,  
please join us on Monday mornings  
in the PAC, straight after the bell.  
Preschoolers welcome, there are  
toys to share.



## RECYCLE YOUR OLD PENS AND MARKERS WITH US!

In conjunction with Officeworks our sustainability team has started a new initiative to recycle old pens and markers. Students and families are able to bring in their old pens and markers and place them in the collection bin in the office. These will then be recycled and kept out of landfill. Items that can be recycled include highlighters, pens and markers/textas.





## Extend News



### EXTEND OUTSIDE SCHOOL HOURS CARE

**BOOK 14 DAYS IN ADVANCE TO SAVE MONEY!**

Extend offers fun programs that develop and nurture young minds including science, cooking, sports and imaginative play.

Book now for the remainder of Term 1 to secure your place!

Bookings for our Extend Squad Holiday Program will soon be open! Keep an eye out for an email from us in coming days to find out what fun activities are on offer each day so you can secure the days you need for school holidays.

Visit [extend.com.au](http://extend.com.au) to enrol your child or book your sessions!



**Enquiries 1300 366 437**

**Book online today**

**[extend.com.au](http://extend.com.au)**



**Fun** **Easy** **Cool**

# Music Lessons

Learning a new instrument is fun!

**Genesis Music School**  
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- ✓ Fun, interactive, and most importantly, easy.
- ✓ Our 1-1 music learning platform was designed to create a more structured lessons
- ✓ Allows anyone from prep and above

**1**

We provide a flexible and convenient solution.

**2**

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BALLET - ACTING  
APPARATUS - GAMES  
TEAMWORK - FUN  
PERFORMANCE

come & try  
**CALISTHENICS**  
at Emmanuel



ALL CLASSES HELD  
AT OUR CUSTOM  
DESIGNED STUDIOS

44 DOWNING ST  
OAKLEIGH

TINY TOTS (3-5 YEARS)\*  
SATURDAYS 9:45 - 10:45AM

TINIES (7 YEARS & UNDER)\*  
SATURDAYS 9:15 - 10:45AM

SUBBIES (10 YEARS & UNDER)\*  
SATURDAYS 11AM - 2PM

JUNIORS (13 YEARS & UNDER)\*  
WEDNESDAYS 5 - 8PM

\*AGE AS AT 31 DECEMBER 2022



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