

## Dates To Remember

### TERM TWO 2021

**Friday 14th May**

**Year 7 Placement Forms returned**  
SDSSA Winter Sport Round 3

**Monday 17th May**

Year 1 and 2 Incursion - Mad about Science

**Tuesday 18th May**

Year 5 and 6 Excursion - Responsible Consumption

**Friday 21st May**

SDSSA District Cross Country - Jells Park 12pm - 2.30pm

**Monday 24th May**

Grandparents/Special Person Morning - 9.15am - 10.45am  
Assembly - 2.45pm

**Tuesday 25th May**

OPEN NIGHT 6pm - 7.30pm

**Friday 28th May**

SDSSA Winter Sport Round 4

**Monday 31st May - Friday 4th June**

Canberra Camp Years 5 & 6

**Monday 7th June**

Assembly

**Friday 11th June**

SDSSA Winter Sport Round 6

**Thursday 13th May, 2021**

## Principal's Report

### MOTHER'S DAY

It was lovely to hear that there was a fantastic turnout for our P-2 Mother's Day event last Friday. Thank you to all the teachers involved who decided to mix things up this year and welcome our mums into the classrooms to complete an array of activities. The children were super excited!

We hope all our mums and special women in our students' lives had a wonderful Mother's Day on Sunday.

### AUSSIE OF THE MONTH

Congratulations to Hunter for being the Aussie of the Month for April. His caring nature, his growth mindset and resilience has seen him recognised as a worthy award recipient. Well done Hunter!



### PRINCIPAL CONFERENCE

Last week Mrs Datson and myself attended the network's Principal Conference. Apart from networking, the best thing about attending these conferences is the calibre of the presenters. We had the pleasure of spending most of the time with Dr Paul Browning. His specialty is on 'Compelling Leadership'. Carolyn and I reflected on our leadership skills - what leaders we admired and why, the traits of great leaders and developing greater trust and listening skills. These were just a few elements discussed and workshopped. We also had the opportunity to listen to Sabina Reed, a psychologist specialising in conflict resolution and managing difficult times. And lastly we listened to Bruce Armstrong who left me pondering this quote..

What you give your attention to is the person you become...what you give your mind to will shape the trajectory of your character.

## **GRANDPARENTS MORNING - Mon 24th May**

As part of our Education Week celebrations, we are having a Grandparents and Special Friends Morning Tea. This is an opportunity for Grandparents/Special Friends to visit classrooms and enjoy a special morning tea.

**Time:** 9:15—10am Classroom visit

10—10.15am Special Presentation in the PAC building

10.15—11am Morning tea in the PAC building



## **OPEN NIGHT - TUESDAY 25th MAY**

### **WIN A DRONE!**

We hope you can join us on Tuesday 25th May from 6pm - 7.30pm. Students will head to their classrooms first. There will be activities to complete across the school before entering their passports into the box to be eligible to win a drone. Class work will be on display too. A great opportunity to see all the wonderful work undertaken by our students. At 7.10pm we will ask everyone to head over to the PAC for our Taiko drumming and choir performance. The raffle will be drawn at the end of the night.



## **NAPLAN - NATIONAL ASSESSMENT PROGRAM LITERACY and NUMERACY TESTING**

Well done to all our Year 3 and 5 students who sat NAPLAN this week. There will be very mixed emotions. For some children they may have looked forward to the test whilst others may have felt anxious and nervous. If your child fits into the second category you may notice fluctuations in mood and greater tiredness. When we become anxious cortisol levels rise (flight of fight mode) and this hormone can flood our bodies. On the positive, it can also push you just to the level of optimal alertness and cognitive performance. Reminding our children of the benefits of the situation, encouraging a positive mindset (I'll do my best. This will help prepare me for future exam situations) and reminding them that these assessments do not test your personality, work ethic or strengths in other areas.

## **BIKES**

We love that there are so many children and families riding to school each day. Just a reminder that students need to hop off their bikes/scooters once they enter our school grounds during the busy times (8.45-9am & 3.30-3.45pm). This ensures everyone's safety. Riders also need to be mindful of others when riding their bike on shared pathways outside the school grounds. It can get dangerous when students are riding through pedestrians.

## **LATE ARRIVALS**

As mentioned at Monday's assembly, we seem to have a growing number of families who are consistently late to school. Whilst we may think 10mins doesn't matter, it all adds up! This table may help families realise the importance of arriving at school on time.

# LATE FOR SCHOOL?

CHILDREN LEARN BEST AT THE START OF THE DAY

If your child misses....	That Equals...	Which is...	Over 13 years of schooling that is.....
10 minutes a Day	50 minutes a Week	1.5 Weeks per Year	Nearly <u>1/2 Year</u> of lost learning
20 minutes a Day	1 hour 40 minutes a Week	2.5 Weeks per year	Nearly <u>1 Year</u> of lost learning
30 minutes a day	1/2 a Day a Week	4 Weeks per year	Nearly <u>1.5 Years</u> of lost learning
1 hour a Day	1 day a Week	8 Weeks per year	Nearly <u>2.5 Years</u> of lost learning

Support your child's success. Make sure they attend school, all day, every day!

## EVERY MINUTE COUNTS!

### EARLY ARRIVALS

It is great to have students arriving early to school however we have noticed some children arriving between 8 and 8.30am. Please note that teachers are not on duty during these times. Yard duty teachers begin their supervision at 8.45am. Please utilise Extend services should you need to drop your children off before 8.30am.

### READING CHALLENGE

At assembly on Monday, we drew the raffle for the Holiday Reading Challenge. Congratulations to our winners, Max (Yr 1) and Jisan (Yr 5).

Both boys have received a \$15 book voucher to spend at Dymocks.



### YEAR 5/6 CAMP

Thank you to all the parents who volunteered to attend camp. Without parental support we would not be able to offer these programs. Mrs Furlong, Mrs Molnar, Mr Marini and Mrs Lewis (ES staff member) will be attending alongside our parent representatives Mr Robert Allan and Mrs Janelle Mundie.

## **HARVEY - YEAR 2D**

We have recently found out that Harvey, who is a Year 2 student, has been growing his hair since 2017 with the intention to make a difference by cutting and donating his hair to be made into a wig for someone who has lost their hair due to a medical condition such as alopecia, cancer, and trichotillomania.

From Harvey - 'It had taken a while for my hair to grow and it is finally long enough to be donated! I will be chopping off **35.5cm at the end of July 2021**. I would love your help to reach my goal.'

Here is the link if you would like more information or to donate:

<https://hairwithheart.variety.org.au/fundraisers/harveyboey/hair-with-heart>



## **Harvey**

I have made the decision to make a difference by cutting and donating my hair to be made into a wig for someone who has lost their hair due to a medical condition. Please help me and raise funds for Variety.

[hairwithheart.variety.org.au](https://hairwithheart.variety.org.au)

Harvey would love your support.

## **SIBLING ENROLMENTS**

A reminder to all families that have a sibling who is starting school in 2022 to submit an enrolment form now please. Our classes are already filling up and we would hate to have an existing family miss out on enrolment.

## **YEAR 6 - YEAR 7 TRANSITION PACKS**

All Year 7 Transition forms are to be returned to school tomorrow - **Friday 14th May**. All students need to return a form, whether they are attending a State Secondary School or a Private/Catholic Secondary School.

## **TOILETS FOR ADULTS**

Any adult who requires to use our toilet facilities should be using the toilets in our Administration building. We ask that parents do not use the toilets in the Prep - 1 building or the outside toilets as these are for students only. It is not appropriate for adults to be sharing these facilities with students.

## **Let's celebrate...**

- All our award winners!
- Our challenge program participants - Mia, Elisabeth, Zoe, Annabelle, Jisan, Bradley!

**Sharon Reiss-Stone**

Principal

# Assistant Principal's Report

## Morning routines for school: tips

Getting ready for school and getting to school on time can be stressful but having a few tips and tricks up your sleeve can make the whole process easier.

Keeping up to date with school activities and information by reading the newsletter and checking Sentral for what is happening is a good way to prepare for the next day.

### Key points

- A smooth morning routine helps your child arrive at school feeling ready to make the most of the first few hours of the day.
- Think about what you need to achieve in the mornings. You and your child can probably do many things the night before.
- Rushing increases stress levels, so it helps to give yourselves more time in the mornings. Try getting up a little earlier.

The other important thing to remember is that breakfast is a great way to start your day. Having a great breakfast helps with students wellbeing, focus and ability to achieve. More information can be found at <https://raisingchildren.net.au/school-age/nutrition-fitness/breakfast-lunches>

If you would like more information the Raising Children website has a lot of great ideas to help make your morning routines run smoothly.



<https://raisingchildren.net.au/school-age/school-learning/school-homework-tips/morning-routine-for-school>

*Carolyn Datson*  
Assistant Principal



## Parents Association News

Dear All,

Hope you all are doing well and had a brilliant Mother's day celebration recently.

Thank you so much for your hard work on the Mother's day event held on May 6<sup>th</sup> 2021. Special mention to our Volunteers : [Crystal Z.](#), [Cara C.](#), [Phenix W.](#), [Parul S.](#), [Doori K.](#), [Max D.](#), [Robert](#), [Janus](#), [Jane](#), [Janelle M.](#), [Puneet M.](#), [Rachel L.](#), [Catherine C.](#), [Deena S.](#), [Jayden K.](#), [Angel](#), [Adele L.](#), [Debbie S.](#), [Tenele C.](#), [Naveenoa K.](#), [Diana](#), [Cheng T.](#), [Travis H.](#), [Nahla A.](#), [Justin C.](#) and [Prue W.](#)

We wanted to let you know what an outstanding job you all did. With your help, the event was successful. Your willingness to devote time, passion you showed & helping to sort, organise and pack on that day is greatly appreciated. If we have missed any names in the above list of volunteers please accept our sincere apologies and it was not intentional.

A Massive thank you & Big round of applause to Parents Association team – [Ariella](#), [Anna](#), [Haido](#), [Leanne](#). You all have a big heart and your participation & contribution to this event's success proved it. Your continued support meant a lot & thank you so much for being helpful with everything.

Last but not Least – Thank you [Sharon](#), [Louise](#) and [Julie](#) for your continued support & guidance throughout the hosting of this event and helping out with communications.

**Prakash**

Parents Association President

## Extend News

Extend has released bookings for their winter school holiday program.

Extend Squad excursions, incursions and activities will have children bouncing, rolling, twirling, competing and laughing all through the school holidays. Extend Squad takes the organising, packing and cleaning out of vacations and is the ultimate in school holiday entertainment!



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## Medicare Child Dental Benefits



Did you know that children between the ages of 2 and 17 may be eligible for bulk billed dental care? Through the Medicare Child Dental Benefits Schedule (CBDS), they may receive up to \$1013 in services every two years\*.

**medicare**

\*For eligible patients, contact us to see if your child qualifies.



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LIONS CLUB OF WHEELERS HILL INC.

# LIONS CLUB BOOK SALE

Lions Club of Wheelers Hill is holding a very long-awaited book sale on:

**Saturday 15<sup>th</sup> May 2021**

8am - 4pm

**Sunday 16<sup>th</sup> of May 2021.**

9am - 12 noon

**\*At the Black Flat Hall**

Cnr. Springvale and Waverley Roads,  
Glen Waverley

There will be a very large selection of all children's books and even more for adults

Look forward to seeing you there and don't forget to tell all of your friends.








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Soccer (all levels)  
Tennis (all levels)

**All days will run from 9:00am-2:30pm**

Thursday May 20  
Tuesday May 18  
Wednesday May 19  
Wednesday May 26  
Tuesday May 25  
Monday May 17

[www.bhssc.vic.edu.au](http://www.bhssc.vic.edu.au)

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