

Dates To Remember

TERM FOUR 2020

Friday 6th November
World Teachers' Day

Monday 9th Nov - Friday 13th Nov
School Photographs

Thursday 12th November
Inquiry Showcase

Friday 13th November
Prep Transition 2 - Group 2 onsite

Monday 16th November - 2.45pm
Whole School Assembly - online

Tuesday 17th November - 6.30pm
Prep Parent Information Night Online

Wednesday 18th November
School Council Meeting 6pm

Friday 27th November
Prep Transition 3 - Group 1 onsite
Uniform shop open 9.30am-3.30pm

Friday 4th December
Prep transition 3 - Group 2 onsite
Uniform shop open 9.30am-3.30pm

Friday 18th December
Last day of school for 2020
Finish 2.30pm

Thursday 5th November, 2020

Principal's Report

WORLD TEACHERS DAY!

We will be celebrating our amazing teachers tomorrow **Friday Nov 6**. Through an incredibly challenging time, our teachers have continued to provide an exceptional learning program whilst juggling their own commitments and families. Their dedication is second to none! Whilst we will be undertaking a range of celebrations, it would be nice for our community to also play a part. You might consider picking some flowers from the garden, writing a card, etc.



SCHOOL PHOTOS - NEXT WEEK!

Please take note of your child/children's photo day. Photos will take place from 9.10am next week. Money and orders are due back tomorrow.

Mon	9 Nov	Prep Photo Day
Tue	10 Nov	1/2D & 1/2J Photo Day + Sibling Photos
Wed	11 Nov	1/2G & 1/2M Photo Day
Thur	12 Nov	Year 3/ 4 Photo Day
Fri	13 Nov	Year 5/ 6 Photo Day + Graduation + Captain Photos

Full School Uniform must be worn for photo day. No runners please - black shoes only. Hair ties should be school colours. Blue leggings under dresses please (if necessary). No pants under dresses or coloured tops.

FORMING GRADES FOR 2021

Parents with particular information they would like considered during the forming grades process, may put their request in writing to us **no later than Friday 6 November**. Requests may relate to social, family or learning matters. Requests may be emailed to the school address: mountwaverley.heights.ps@education.vic.gov.au. Please note that late requests will not be accepted.

By following this process, we are best able to consider your request. However, please note that decisions are made with the best interest of every child in mind.

YEAR 5/6 MATHEMATICIANS

Late last week, I was invited to see how our Year 5/6 students were being challenged and extended in math. The seven students were given a range of worded problems that required higher order thinking, multiple steps to answer each question and proportional reasoning (The ability to consider, think about and compare the multiplicative relationship between 2 quantities). Each student needed to describe the problem, how they solved each question, the challenges and triumphs. Congratulations to all involved - they were truly difficult questions which many adults would have found difficult to solve.

Here is one of the questions for you to have a go at:

2/9 of the people at a restaurant are adults. If there are 95 more children than adults, how many children are there in the restaurant?



FRIENDSHIPS

Being back onsite for the past 4 weeks has seen students go through a range of feelings - excitement, anxiousness, contentment, etc. The honeymoon period of catching up with friends may have changed to niggling doubts, social issues, arguing, etc. All very common and very normal. It is how we help our children through these stages that helps them to build resilience and cope with life's ups and downs. If your child is having difficulties here are some great open-ended questions to ask: What bothered you most about what happened? How did it feel when that happened? How do you think they may have been feeling? If you could go back and have a 'do-over' what would you do differently?

Below is a great link for anyone needing some advice on how to approach conversations, ask the right questions and support our children to face their challenges on their own. Despite any uncomfortable feelings you may have regarding your child's peer conflicts, it's essential you step back and allow your child the time and space to proceed as they wish with their peer relationships. Remember, most issues blow over reasonably quickly. As a school we are working hard to build conflict resolution strategies, assist students in responding appropriately to difficult situations and discussing what makes a great friend and what being a good friend means.

Please get in contact with your child's classroom teacher for larger issues, advice and support should you or your child be struggling to work out a way to navigate the situation.

<https://parentswithconfidence.com/help-child-navigate-friendship-problems/>

ACT OF KINDNESS & GOODWILL – Community Celebration

We would love every family to get behind our 'Act of Kindness & Goodwill' event by...

1) Each family making a 'Seasons Greeting' card which includes a special message, along with a small homemade gift. The gift might be sharing a family recipe, a poem, a motivational quote, some seeds from your garden, something that you sewed yourself, or even a pot with something you have grown.

We encourage families to be creative. No food items please.

2) Once you have made your card and small homemade gift...

- Sign your card with your family's surname (It's nice to know who made it) and which class your child/dren are in. You might even include a picture of your family.
- Place in an envelope clearly marked 'Seasons Greeting from the '(surname) family' and **return it to your child's classroom teacher by Monday November 30.**

Teachers will record which families are participating in this event. If you do participate, then you will receive a randomly selected card from another family on Monday December 7th . Contributors will not know which family is going to get their kind gesture.

If you are planning on purchasing something instead, kindly keep it simple within a maximum of \$5. Please understand that only those who participate will receive something in return. So, we would love all our families to get involved.

CURRICULUM DAY

Whilst our families were enjoying an extended long weekend, the staff were busy showcasing their learning on Monday. Teacher's presented their research projects and further developed their mathematical understanding around 'The Big Ideas'. The presentations were outstanding and truly demonstrated an expert level of knowledge and the ability to translate their findings to our school context. This week teams have been released to work on our school's maths scope and sequence in light of the work undertaken over the past term and a half. We will be hitting the ground running in 2021 with a core focus on 'The Big Ideas' (Di Siemens work).

A huge thank you to Emma Thomas and Lindsay Playsted who prepared and ran the Curriculum Day. Many hours of work go into the preparation to run a day like this.

PREP 2021 TRANSITION

We are now able to have small groups (up to 10 - including a parent) visit the school for transition sessions. The transition timetable has been altered to make the most of this opportunity and information was emailed out to all families. Our first group had their transition sessions last Friday and it was wonderful to have the newest members of our Community visit us on site.

DETAILS FOR REMAINING SESSIONS:

FRI 13 NOV - **GRP 2** - (9.15-3.15pm) Groups of 5 children have been scheduled to arrive every 45mins to undertake the Numeracy Transition session. This will enable the other half of our Prep 2021 children to participate.

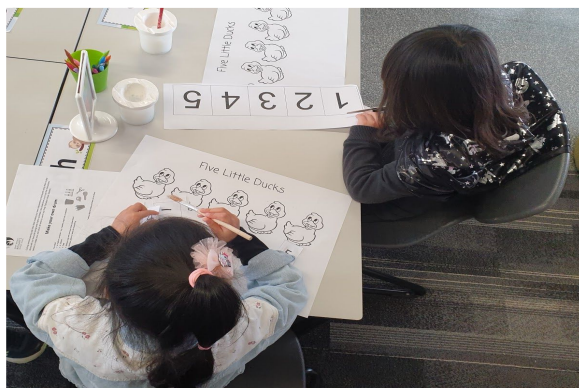
FRI 27 NOV - **GRP 1** onsite again. (9.15-3.15pm) Uniform Shop will be open 9.30am - 3.30pm

FRI 4 DEC - **GRP 2** onsite again. (9.15-3.15pm) Uniform Shop will be open 9.30am - 3.30pm

Parent Information Night Online

TUE 17 Nov 6.30 pm- 7.30 pm

Our visiting Prep transition students



LEAVING OUR SCHOOL?

With the exception of our Year 6 students, please contact our school office if you are not returning in 2021. This enables us to better control class sizes and the learning/social considerations when forming classes. As this is a formal notification, we ask that this be in writing either as an email or letter.

CONGRATULATIONS

A big congratulations to Jax in Prep J who participated in the MS Read-a-thon this year. Jax read a massive 36 books and raised \$735. In recognition of raising over \$500, Jax received a certificate and badge.

Congratulations and well done Jax!!

Let's celebrate...

- Our 2021 Preps onsite for transition session 1!
- Our Year 5/6 Mathematicians exploring concepts beyond Year 7!
- Our wonderful staff - Happy World Teachers Day

Sharon Reiss-Stone

Principal

Assistant Principal's Report

Building resilience

Part of our wellbeing approach includes lessons for our students around building resilience. We focus on the wellbeing and resilience of our students as well as their academic needs.

What is resilience?

The term resilience is widely used to describe someone's ability to 'bounce back', which basically means their ability to cope, learn and thrive in the face of adversity.

Research shows that we all have differing levels of resilience and that being resilient helps to promote social and emotional wellbeing.

The good news is we can develop skills to promote our resilience and put strategies in place to help us deal with difficult situations.

This is something that you can focus on at home. You can help your child develop the skills that help them to become more resilient and cope with challenging situations when they arise.

This resource is from the [Student Wellbeing Hub](#), where you will find tips and tricks for parents.

Carolyn Datson
Assistant Principal

Creating resilient kids together

Resilience is the ability to 'bounce back' from problems and setbacks.

What are the skills that develop resilience and wellbeing?

It's important for your child to learn the personal and social skills that will help them to become more resilient and cope with problems and difficult situations that may come their way. Here are some of the skills we have been practising.



Self-awareness skills

- Be able to identify their strengths and challenges.
- Be able to know what might influence their successes and mistakes.
- Be able to see that the way they think about mistakes and negative situations can affect how they feel and behave.
- Be able to self-reflect on their behaviour and decisions.
- Be able to accept setbacks and problems are a normal part of everyday life and know that these situations often don't last and will improve with time or effort.

Self-management skills

- Be able to manage strong feelings such as fear and anger and turn these moods into better ones.
- Manage impulses that may present a risk to their safety and wellbeing.
- Be able to make plans, be organised, self-disciplined and courageous to achieve goals.
- Be able to predict problems and solve problems.
- Have age-appropriate levels of independence.
- Be able to focus on the positive things in negative situations.
- Use thinking that is grounded in fact and reality.
- Find something funny in a setback to help keep things in perspective.

Social management skills

- Have the skills to make and keep friends.
- Be able to sort out conflict and cooperate with friends and peers.
- Be able to make decisions based on safety and respect for self and others.
- Be able to ask for help when required.

Social awareness skills

- Be able to read, predict and respond empathically to others' feelings and needs.
- Appreciate others' points of view.
- Not exclude others because of their differences.
- Know where to go to ask for help at home, at school and in the community.
- Believe that relationships matter.



Extend News



Extend is the place for your children to thrive, learn and play, so what are you waiting for? Book and enrol at

www.extend.com.au

Hours of Operation

Before School Care: 7:00am – 9:00am
After School Care: 3:30pm – 6:30pm
Holiday Care: 8:00am – 6:00pm

Contact Details

0456 641 882
mwh@extend.com.au

Coming Up Next Week

Monday	Tuesday	Wednesday	Thursday	Friday
BSC: Group Game - Traditional Aboriginal Game	BSC: Extend Joke and Riddle Book	BSC: Community - Environmental Bingo	BSC: Construction - Aboriginal Display	BSC: Origami - Boomerang
ASC: Art - Naidoc Poster 2020	ASC: Language - Auslan Alphabet	ASC: Wellbeing - The Kindness Challenge	ASC: Sport - Soft Ball	ASC: Science - Oobleck Painting

DISCOVER

LEARN

PLAY



Cerise, Maddie and Farida loved teaming up together



The egg drop challenge allowed Sam to develop his creative skills



Meet our Skeleton made out of milk jugs!

SUPERSTAR OF THE WEEK!

Ameer B

Thank you for always eagerly and generously helping when setting and packing up our OSHC space.

JOKE OF THE WEEK

"Who would win the race? The heat or cold?
The heat because you can always catch a cold! - Jacob P

What's Been Happening?

This past week has been marvelous. Our highlights were making Slime, creating a skeleton out of milk jugs, a pokemon scavenger hunt, writing appreciation cards to the staff of the school and playing group games such as ghosts in the graveyard, table tennis and dodgeball. Happy World Teachers Day to all the staff at MWHPS!

From Jayde & her little Extenders

extend.com.au



9807 8120



9888 1921



Facebook.com/MtWaverleyHeightsPS



Mountwaverley.heights.ps@edumail.vic.gov.au



Mountwaverleyheightsps.vic.edu.au

Caulfield Little Athletics invites all boys and girls aged between 5-15 years to join us!



Our location

Duncan Mackinnon Reserve,
Cnr North & Murrumbeena Rd, Murrumbeena

Want to know more?

Visit our website www.caulfieldlac.com.au

Or for registrations and further information please email registrar@caulfieldlittleaths.org.au





CLARE O'NEIL MP

FEDERAL MEMBER FOR HOTHAM

Ms Sharon Reiss-Stone
Principal
Mount Waverley Heights Primary School
36 Soloman Street
MOUNT WAVERLEY VIC 3149

Dear Ms Reiss-Stone

RE: Hotham Christmas Card Competition

I know it's been a challenging year for you and the school community and I'm sure your school has a lot going on as you work towards the wind-up of the school year.

Every year, my office runs a Christmas card competition with local primary schools in my electorate of Hotham. I would love for your school to take part in the competition and I'm excited about receiving students' artwork from primary schools across the electorate. This competition is a great way for your students to finish the school year and get involved with local festivities.

I understand that this year has been extraordinarily difficult for schools so I don't want to put any pressure on your school to participate. I hope participating in this competition will provide a fun activity for your students at the end of a challenging year, however if you don't have the capacity to participate, I understand.

The winner of the competition will have their festive design professionally printed and featured on our 2020 Christmas card, sent to all 70,000 households in Hotham. They will also receive a \$30 gift voucher. Two runners-up will also receive a certificate and a \$15 gift voucher.

I hope your students are excited to get drawing. Please ensure your students' designs are scanned and submitted to my email: clare.oneil.mp@aph.gov.au. Alternatively please mail them to PO Box 5295, Clayton, 3168. Please make sure designs are labelled clearly with the name of the student, their age and your school. **All designs must be received by Monday 23rd November 2020.**

Designs will be shortlisted with the runners-up and winner announced on Friday the 27th of November.

If you have any questions, please don't hesitate to contact my office on 9545 6211.

Yours sincerely

Clare O'Neil MP
Federal Member for Hotham



T: 03 9545 6211 | E: clare.oneil.mp@aph.gov.au | P: PO BOX 5295, Clayton, VIC 3168 | [f ClareForHotham](#)



COMPUTER PROGRAMMING CLUB!

@ Mount Waverley Heights Primary School

In a world where technology touches every aspect of our lives, it is crucial that our children understand how it works. To accomplish this objective, there is an exciting coding club running at the school.



DEVELOP SKILLS

- Creativity
- Logical thinking
- Problem solving

PROGRAMMING LANGUAGES

- Scratch
- Python
- Javascript
- .. and many more



LEARN

- Computer Science Concepts
- Fundamentals of programming
 - Loops, Events, Randomness and more



MAKE

- Games
- Web pages
- Apps

9 WEEK TERM PROGRAM

Year levels: 3 to 6
Term Fee: \$171+GST

AFTER SCHOOL

4:00pm - 5:00pm

BATCH 1

Tuesday's 06th Oct to 08th Dec

ONLINE PROGRAM

UNTIL EXTRA CURRICULARS
ARE BACK AT SCHOOL

Fill out the form online by

**Friday the 25th of
September 2020**



<https://www.digimaker.com.au/parents-registration-form/>

Digimaker will confirm your child's spot via email

HOLIDAY E-LEARNING PROGRAM

2 HOUR OF FUN FILLED CODING
FULLY SUPERVISED OVER ZOOM
(5 DAYS A WEEK)!

<https://www.digimaker.com.au/events/school-holiday-coding-program/>