

Dates To Remember

TERM FOUR 2020

Friday 16th October 2pm - 3pm
Prep Transition 1 - online

Monday 19th October
Book Week Dress-up day

Wednesday 21st October 6pm
School Council Meeting

Thursday 22nd October
Footy Fever Day

Thursday 22nd October
Book Club Due

Friday 23rd October
Grand Final Day Public Holiday

Friday 30th October 2pm - 3pm
Prep Transition 2 - online

Monday 2nd November
Curriculum Day

Tuesday 3rd November
Melbourne Cup Day holiday

Friday 6th November
World Teachers' Day

Wednesday 18th November
School Council Meeting 6pm

Friday November 20th
Prep Transition 3

Friday December 18th
Last day of school for 2020 - 1.30pm finish

Thursday 15 October, 2020

Principal's Report

WELCOME BACK TO ONSITE LEARNING

It was wonderful to welcome students back to onsite learning on Monday. They all settled into school routines well and were keen to catch up with friends.

For many of our students, we also recognise that there was a level of anxiety and nervousness, as they entered the school gates. After not seeing their friends for such a long time, it can be difficult to navigate. Just as the transition to learning from home took some time for children and families to get used to, so too may the adjustment back to school. It's normal for children to have mixed feelings about returning to school. Children may feel anxious, scared, reluctant, excited or just overwhelmed. How children feel about returning to school may vary between children in the same family, and it may also vary day-to-day for a particular child. It's important for you, as a parent, guardian, or someone with children in your care, to acknowledge the changes and talk with your children about returning to school.

What to do if your child has mixed feelings about returning to school?

1. Listen and Support

One of the best things you can do is talk to your child about how they're feeling. Listen to them and reassure them that it's normal to feel anxious, scared, overwhelmed or worried about going back to school. It's also normal to feel excited at the same time as feeling stressed or scared about the changes and lifting of restrictions.

Talk to your children about the positives of the upcoming changes, including what they like to do at school that they haven't been able to do at home during remote learning.

2. Create a plan

Make a plan for the first few weeks of school. Planning can help reduce stress and anxiety by adding structure and routine to new, changed or uncertain situations.

- Allow time for play, relaxation and homework, as well as some tasks round the home which are suitable for your child's age and stage of development.
- Set up some playdates with school friends (while adhering to government requirements for social gatherings) to help your children feel connected with their school community outside the classroom. Meet at the park.
- Get back into a routine, including dinner, bath and bed times.
- Restrict and/or reduce how much news and media younger children are exposed to, as this may scare or worry children. For older children, help them to source reputable and reliable media and talk about what they're reading and viewing.
- Talk about and be upfront about any concerns your children may have.
- Stay calm and allow time for your children to transition and settle back to school.
- Support kids to get plenty of rest, particularly in the first week or two after returning to school, as they will be adjusting to a much busier schedule than what they have recently been used to.
- Make positive statements to your children about what they're doing well, and how they're coping with the challenges and expectations placed on them by the teachers and the school.
- Build in some 'down time' at home when children return home after a school day; if possible go for a walk together to the park, or engage in a relaxing activity together, and provide a healthy after school snack.
- As a family, plan some fun recreational and social activities to look forward to on the weekends.

3. Give it time

It's important to be aware that any transition can take time and every child will be different. Some will bounce back into their old routines immediately while others will take longer to readjust. Remember that being away from school and then returning to a changed environment can cause anxiety and stress. Problem solve any concerns or issues together and write down strategies that will help your children to cope.

4. Listen and Support

If you're concerned, speak to your child's class teacher or come and see Carolyn or myself. Your GP can also assist with providing support for your child/ren and family.

(The above information was taken from this website)

<https://www.relationshipsvictoria.com.au/resources/tip-sheets/COVID19-Resources/COVID-19-Returning-To-School/>

TERM 4 ARRANGEMENTS

Thank you to everyone who has been following the changes to our car park arrangements. We will be monitoring the situation. Just a reminder for anyone who may have missed it...

Car Park Arrangements: School Council have discussed arrangements to reduce congestion and increase safety for our students and families.

Top Car Park/Solomon St Entrance - For P-2 parents only. Year 3-6 parents who wish to drop off or collect their child from the east end of the school, must park out on the street.

Huntingdale Rd Car Park - For Years 3-6 parents. P-2 parents wishing to drop off or collect their child from the west end of the school, must park in the surrounding streets.

If you have children across year levels, you may choose which car park is more convenient.

CURRICULUM FOCUS - TERM 4

Our goal this term is to re-establish the classroom routines, work on student wellbeing and social skills, and a relentless focus on literacy and numeracy skills. Physical education will also be a priority area, providing opportunities for students to further develop their fine and gross motor skills.

During Term 4 the Specialist programmes will be focusing on developing student skills in the following key areas to support their overall learning.

Visual Arts

In Visual Arts we will complete an extended unit in Ceramics and 3D sculpture. Throughout our Ceramics Unit the focus will be on developing and extending every student's fine motor skills to aid in the creation of their own 3D sculpture projects. The fine motor skills that we will be working on will include pushing, pulling, squeezing, rolling, pinching and patting. These skills will also assist students to build the muscle strength and stamina in their hands and fingers needed for writing and also improve their hand - eye coordination skills.

Music

In Music this term our focus will be on rhythm skills and drama activities. Our students will be extending their current rhythm skills and learning to recognise, read, write and perform more complex rhythm patterns. They will practice these skills through a variety of games and composition activities. As part of the rhythm unit we will be using body percussion composition and performance tasks to develop gross and fine motor skills. We will also be working on performance skills through a wide range of drama games. These drama activities will provide opportunities for every student to develop their focus and concentration skills, self-confidence and emotional literacy skills in a fun way.

P.E.

During Physical Education sessions in Term 4 students will be actively participating in a variety of activities. For the Prep - Grade 2 students these activities will focus on developing their Fundamental Motor Skills and reinforcing the importance of these skills in game type situations. Students in Grades 3-6 will be improving their motor skills through playing a variety of summer sports including softball, tee-ball, hot shots and cricket. These games all focus on building gross and fine motor skills and improving hand-eye coordination skills. Physical Education sessions will be run outside in the fresh air with a strong focus on teamwork, good sportsmanship and improving the students' overall fitness levels.

Japanese

The focus of Japanese classes this term will be on building cultural awareness and understanding, and extending their speaking and listening skills. Students will practice basic conversation and learn about culturally appropriate conversation etiquette skills. Our students will also have the chance to communicate with students from a Japanese school via online conferences and through these sessions will have the opportunity to practice their conversation skills.

If you have any concerns regarding your child's learning please contact your child's class teacher.

BABY NEWS!

Congratulations to Mrs Lindsay Playstead and her husband Daniel, who officially announced that they are expecting their first child to 3/4P this week! We are very excited for them both, as they begin the next chapter in their lives. Lindsay is due in March, 2021.

FOOTY FEVER DAY - Thursday 22nd of October

We will be having our second Footy Fever Day on Thursday 22nd of October. Remember if you are not sure who to support - just come dressed in YELLOW & BLACK - GO TIGES! (Please note that 'Yes' -Mrs Datson is still speaking to me after last week's match between the Tiges and the Saints - although she had a few things to say about our lack of sportsmanship!)

PREP TRANSITION

Over the last week, our ES staff have been delivering packs for our transition sessions. We are expecting that the first 2 sessions will be held remotely. We are hoping that our transition sessions scheduled for later in the term will be held onsite. Either way we are prepared. Updates and changes to these sessions will be communicated via email.

Transition Dates:

Transition 1 - Friday 16th October 2pm - 3pm online

Transition 2 - Friday 30th October 2pm - 3pm online

Transition 3 - Friday 20th November 2pm - 3pm

Transition 4 - Friday 27th November 2pm - 3pm

Transition 5 - Friday 4th December 2pm - 3pm

Transition 6 - Friday 11th December **Orientation Morning 9.30am - 12.30pm**

CURRICULUM DAY - MONDAY 2nd NOVEMBER

Whilst we have two Curriculum Days left, we will only be taking the one (in recognition of the limited time students have had onsite this year). Our final Curriculum Day for 2020 will be Monday 2nd November (the day before Cup Day). You might be aware through a previous newsletter, where I wrote about the maths research projects our teachers have been undertaking during the remote learning period. On our Curriculum Day, teachers will be presenting their findings and reflecting on how this knowledge may impact on our school's maths scope and sequence. Many hours of work have been undertaken to complete these research projects. These presentations will be filmed and will be used to upskill new staff in regards to our maths approach, over the coming years.

OnSite Arrangements Reminder:

- All adults must wear a facemask and adhere to social distancing.
- Years 2-6 parents are not to come onto school premises. Please discuss a suitable meeting point with your child. E.g. milkbar.
- Prep and Year 1 parents will be allowed on school premises. Please keep the **pavilion area clear** and follow the signs. Year 1-2 parent waiting area will be closer to the PAC. The Prep parent waiting area will be closer to the Dreamspace and Library. (Same as Term 2)
- As per the normal school day, students will line up where they usually meet their classroom teacher. The teacher will then take them into the building. The classroom teacher will check their temperature once inside. This is not a directive, but a school decision at this point of time.
- We ask that parents do not walk along the deck of Building C (P-2 building). As it is a narrow space it does not easily allow for social distancing. Students are quite capable of taking their own bags to the bag box area and to organise themselves for the day.
- Parents must drop off or pick up their child in a timely manner and leave the school grounds immediately.
- Parents to contact teachers via Sentral if they need to discuss anything with the classroom teacher
- Minimise office contact by emailing or calling. If you notice someone at the office window, please wait for them to leave prior to entering the building.
- If your child feels sick or unwell please do not send them to school. They must stay at home and you need to seek medical advice.
- Students will be required to either use sanitiser or wash their hands before entering classrooms, prior to eating and when returning from breaks.
- Students on site must bring their own water bottles as the drinking taps are not to be used. They can be refilled at school.
- The DET have provided additional cleaning of classrooms, touch points and playgrounds. This means areas will be cleaned twice a day.
- Playgrounds will be open for students during school hours.
- All adults, including staff, must adhere to social distancing. Social distancing rules do not apply to students.
- Unfortunately, Instrumental Music, Choir and singing is unable to take place due to DET regulations. We are also unable to run PE indoors at the moment. We will be using the pavilion as much as possible during poor weather.

Let's celebrate...

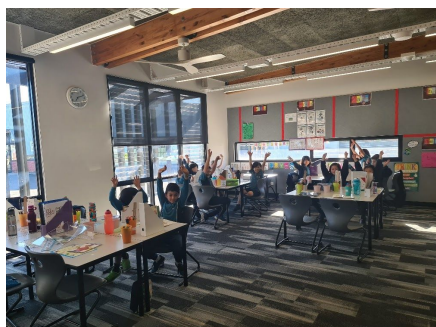
- Mrs Playstead's baby news!
- The Thomas family who welcomed their second son- Liam to the family four weeks ago. Mum and bub are doing well.
- Returning to onsite learning
- Irene and John Koutis for cutting back trees and plants hanging over the walkway along the Solomon St entrance. A huge effort. Thank you also for cleaning it all up!

Sharon Reiss-Stone

Principal

Assistant Principal's Report

Welcome Back!!





Carolyn Dalton
Assistant Principal

Literacy and Numeracy News

The Victorian High-Ability Program (VHAP) is an online program where select students from Years 5 and 6 engage in one virtual class per week over a 10-week period, delivered by Virtual Schools Victoria, in either English or Mathematics.

Students were selected to participate in the program by The Victorian Department of Education and Training, based on previous NAPLAN information.

The program will focus on tasks that stimulate students' critical thinking, problem solving and creativity – enriching their understanding of English and Mathematics.

We wish to congratulate **Emma** and **Hyuga** from Year 6 for being selected to participate in the program.

Emma will be participating in the English program; The Power of Pen. This course will help her explore the purpose and impact of writing. She will consider a world without writing, examine the history of writing, and have the opportunity to extend her story writing skills and will engage in narrative masterclasses focused on plot, character, setting, perspective, voice and genre. She will explore humorous and optimistic texts, the difference between writing to control and writing to empower, and the ways in which writing can change hearts and minds.

Hyuga will be participating in the Mathematics program; From Symbols to Secrets. He will be encouraged to discover that mathematics is not about 'getting to the answer', by demonstrating there are often multiple solutions and multiple strategies. He will explore concepts that are not usually covered in the primary mathematics curriculum, such as number patterns, alternative numeral systems and cryptography. He will be pushed to view mathematics as a process of exploration, and will be encouraged to ask questions, make conjectures, and test ideas.

We wish Emma and Hyuga all the best with the course, and hope that more students from our school will be given the opportunity to participate in the Program in 2021.

Emma Thomas

Primary Math Specialist & Literacy Coordinator

SRC News

Book Week

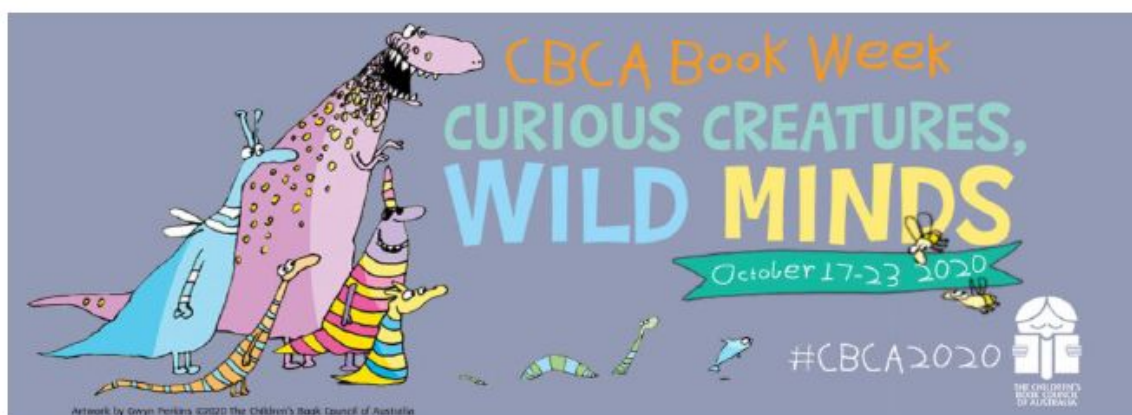
When: Monday 19th of October- Dress up as your favourite book character.

This week, the SRC are delighted to announce that Australian National Book Week is coming up! Book Week starts from the 17th of October and ends on the 22nd. This is an Australia-wide event and we would love to celebrate this once-a-year occasion with all of you.

The SRC have concluded that the whole school is free to celebrate, and since we are back to physical school, it would be great to celebrate with a Book Week dress up. We would be delighted to have all of you use your creative minds to dress up and come to school as your favourite book character!

Book Week is a time when communities come together to celebrate and host a variety of book-based activities. This year's theme: Curious Creatures, Wild Minds, encourages students and adults alike to celebrate curiosity and creativity. Therefore, this year, the SRC have decided to host a whole school lunch time reading. The SRC have dedicated their time to record wonderful books for classes to listen to during lunchtime. The SRC will be reading either an award-winning fictional children's novel or an informative passage to enthrall readers and listeners of all ages.

Can't wait for Monday to see all the color and creativity brought to our school by the wonderful students and teachers of Mount Waverley Heights!



Footy Day

When: Thursday 22nd of October- Dress up in your favourite footy team colours.

Next week will be an action pack week with Book Week and Footy day. Mount Waverley Heights Primary School will be hosting a Footy day on Thursday 22nd. On this day students are welcome to come dressed in their footy colours to show their support for their footy team.

We love seeing how creative our school community can get!

Thank You, The SRC



Extend News



Extend is the place for your children to thrive, learn and play, so what are you waiting for? Book and enrol at

www.extend.com.au

Hours of Operation

Before School Care: 7:00am – 9:00am

After School Care: 3:30pm – 6:30pm

Holiday Care: 8:00am – 6:00pm

Contact Details

0456 641 882

mwh@extend.com.au

Coming Up Next Week

Monday	Tuesday	Wednesday	Thursday	Friday
BSC: Group Game - Tails	BSC: Extend Joke Book	BSC: Community - Environmental Bingo	BSC: Construction - Imagination Creation	BSC: Origami - Bunny Rabbits
ASC: Art - Oil Pastel Smudging	ASC: Language - Auslan Signs	ASC: Wellbeing - The Kindness Challenge	ASC: Sport - Groundy on the Playground	ASC: Science - Slime!

DISCOVER



Amelie discovers her strength to hold the guinea pigs

LEARN



Playing Monopoly teaches us about addition & subtraction

PLAY



The holidays created opportunities for new friends!

SUPERSTAR OF THE WEEK!

CAITLIN

For her continuous courage in supporting others throughout these past few months of remote and onsite learning.

Welcome Back!

We know it's been awhile since you've heard from us so let us give you a recap on the highlights down at Extend. Hooray for new board games, table top activities and crafting resources! We saved some of our funds from last Term and the students and I were able to sit down and click & collect a range of fun new resources to celebrate the return of school. Have a great Term 4!

From Jayde & her little Extenders

extend.com.au



9807 8120



9888 1921



[Facebook.com/MtWaverleyHeightsPS](https://www.facebook.com/MtWaverleyHeightsPS)



Mountwaverley.heights.ps@edumail.vic.gov.au



Mountwaverleyheightsps.vic.edu.au



GLEN WAVERLEY COUGARS CRICKET CLUB

Affiliated with Inner South East Cricket (ISEC) and the Eastern Cricket Association (ECA)



JUNIOR CRICKETERS WANTED!

U11's, U13's, U15's & U17's (male & female)

WOOLWORTHS CRICKET BLAST (ages 5 - 10)

The Glen Waverley Cougars are actively seeking junior cricketers to join our great club for season 2020/21 and beyond! Whether you are new to cricket or have some experience, we welcome all new players to join our junior teams.

We are also excited to launch our new **Woolworths Cricket Blast** - an action packed program tailored to coaching kids of all abilities the basic skills of cricket in a fun, safe and engaging environment!

For more information, please reach out via one of the following channels:

KRIS LEWSCZHENKO - PRESIDENT
kris.lewsczhenko@yahoo.com.au

WWW.COUGARS.NET.AU
enquiry@cougars.net.au

FACEBOOK
[Glen Waverley Cougars Cricket Club](https://www.facebook.com/GlenWaverleyCougarsCricketClub)



This is a lovely local Florist located in the Pinewood shopping precinct. If you are after Flowers or a lovely arrangement contact Petal Stem Florists.



COMPUTER PROGRAMMING CLUB!

@ Mount Waverley Heights Primary School

In a world where technology touches every aspect of our lives, it is crucial that our children understand how it works. To accomplish this objective, there is an exciting coding club running at the school.



DEVELOP SKILLS

- Creativity
- Logical thinking
- Problem solving

PROGRAMMING LANGUAGES

- Scratch
- Python
- Javascript
- .. and many more



LEARN

- Computer Science Concepts
- Fundamentals of programming
 - Loops, Events, Randomness and more



MAKE

- Games
- Web pages
- Apps

9 WEEK TERM PROGRAM

Year levels: 3 to 6
Term Fee: \$171+GST

AFTER SCHOOL

4:00pm - 5:00pm

BATCH 1

Tuesday's 06th Oct to 08th Dec

ONLINE PROGRAM

UNTIL EXTRA CURRICULARS
ARE BACK AT SCHOOL

Fill out the form online by

**Friday the 25th of
September 2020**



<https://www.digimaker.com.au/parents-registration-form/>

Digimaker will confirm your child's spot via email

HOLIDAY E-LEARNING PROGRAM

2 HOUR OF FUN FILLED CODING
FULLY SUPERVISED OVER ZOOM
(5 DAYS A WEEK)!

<https://www.digimaker.com.au/events/school-holiday-coding-program/>